

4-H



WAY

Cooperative Extension, 1655 S. Main
Yreka, CA 96097

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<http://cesiskiyou.ucdavis.edu>



April

- 1 4-H Scholarship Deadline
- 2 Quality Assurance-4-H Office 6:30pm
- 5-6 State Horse Equine Educational Days
- 12 Youth Arts Festival
- 12 Home Ec. Field Day
- 12 Fashion Revue
- 26 Archery Shoot
- 26 Sectional Presentation Day
- 27 Hi 4-H Senior Citizen Ball

May

- 10-11 Spring Horse Show
- 10 Rabbit Show & Rabbit & Cavy Field Day
- 17-18 Retreat (Have Team Building Games)
- 31 Siskiyou Smallbore Match
- 31 State Field Day (Fashion Revue, Presentation Day, etc.)

June

- 20-22 4-H Camp
- 27-1 California Focus

July

- 31-August 3 State Leadership Conference

August

- 6-10 Siskiyou Golden Fair

Personal Development Form

(Hints)

Helpful suggestions of events and activities that should be added to your 4-H record book on a monthly basis.

<u>Event/Skill/Award</u>	<u>Number on PDR</u>
Track	8
Presentation Day/Skit	8
Presentation Day/Master of Ceremonies	6
Presentation Day Presenter	6
Attended Presentation Day	3
Committee Presentation Day	4

Siskiyou Smallbore Match

Several Siskiyou County Shooting Sports leaders are hosting a rifle and pistol shoot on **May 31, 2008**. All 4-H members nine and older are eligible to enter. Registration information is available at the 4-H Office.

Range Camp

Mark your calendars! **May 10th** is this year's application deadline for "Range Camp." Range Camp is a week-long event that immerses students ages 15-18 in science and management topics related to the use and conservation of rangelands, forests and riparian areas in California, conducted by the California-Pacific section of the Society for Range Management. Students learn plant identification, as well as principles of livestock and wildlife management, forestry, fire ecology, hydrology and water quality, geology and soils, and management of stream and river habitats. Field activities include learning wildlife tracking methods, outdoor navigation using maps & compass and GPS, and participating in a tour of a working ranch. Sessions are led by faculty from the University of California, members of ranching families, staff from state and federal agencies, and private range management professionals.

The Society for Range Management will pay for the top two campers to attend its annual conference in Albuquerque, New Mexico Feb 8-12, 2009 and participate in a national high school youth forum on rangeland science and management.

This is a unique opportunity for students considering college to learn about fields of study in natural resources, and for students looking for job opportunities to talk with people whose careers are in their areas of interest.

The 24th annual Range Camp runs from June 15th-20th at the University of California's Elkus Youth Ranch just south of Half Moon Bay. Application forms and more information are available at www.casrm.org. Click on the Range Camp link on the left hand side.

Interested students, teachers and parents can contact either the camp director, Marc Horney, at (530) 842-6123 x136; marc.horney@ca.usda.gov or Cece Dahlstrom (619) 571-2294, carol.dahlstrom@navy.mil for more information.

State 4-H Job Interview Contest

This year the State 4-H Field Day has a new contest. To help youth improve their job preparation and interviewing skills a job interview contest will be offered. No pre-registration is necessary. Job seeking and interviewing are skills strengthened through practice and experience. As young people graduate high school and/or college, they will enter the workforce and start seeking employment. The California 4-H Youth Development Program can help youth strengthen their job seeking and interviewing skills through the use of planned evaluation activities.

Step 1: Choose a Job: 4-H members choose a job to apply for based on their age category. Position descriptions are available at

<http://www.ca4h.org/projresource/filed/day/#job>

Step 2: Pre –Event Preparation: 4-H members must prepare the following before the event

- Cover Letter introducing themselves to prospective employers and indicating their interest in the position.
- Resume containing a summary or listing of relevant job experience and education.

Step 3: Interview (on May 31):

Sometime between 10am and 3pm, 4-H members will turn in their cover letter and resume to the interview panel. The panel will conduct a 10 minute interview for the job.

4-H members will receive a certificate and a seal according to a standard evaluation (gold, blue, red, white). Those receiving a gold seal will be “hired.” Contest Coordinator: Kelly Bishop at kellys4hemail@yahoo.com or (760)791-7845.



California State 4-H Updates/Info

2008 State 4-H Field Day: Information for the event is now online for the State 4-H Presentation Day, Fashion Revue, Horticulture Contest, Judging Event and other activities during the day. Find information at

more information at
<http://www.ca4h.org/projresource/fieldday/>

The State 4-H Office is recruiting county 4-H staff, volunteers and members to serve on our **Statewide 4-H Advisory Committees**. Available committees include the Program, Policy, Incentives and Recognition, Citizenship/Service Learning, International Exchange, Camping, Animal Science Education, and Equine Education Advisory Committees. Applications are due postmarked **May 31, 2008**. More information is available at
<http://www.ca4h.org/council/advisory.asp>

The **California 4-H Camping** Task Force conference, *Ready to Deliver*, will be held April 18-20, 2008 at the Jack L. Boyd Outdoor School, Fish Camp. This year's conference emphasizes camp staff development and how to create quality training for teen staff. It also provides networking opportunities for professionals, volunteers and youth who make camp programs happen. Program highlights include: how to manage behavior and create engaging programming, designing camp web pages, fresh program ideas, certifications for archery, community first aid, and food safety. A copy of the newly developed 4-H Camp Staff Training Manual will be distributed. The \$120/person fee covers all meals, lodging and material expenses. Counties are encouraged to assemble a team of adult volunteers, youth and 4-H staff to attend. Applications are due **April 4**.

The **State 4-H Horse Classic - Championship Horse Show** will be **June 26-29, 2008** at the Santa Cruz County Fairgrounds in Watsonville. Entries are due **June 1**. Classes being offered are Western, Gymkhana, English Flat, and Over Fences, and Miniature Horses. There is no qualifying to participate; it is recommended 4-Hers have shown locally at horse shows. Information and rules, entry forms, and much more are now available at
<http://ca4h.org/projresource/horse/classic.asp>

The **4-H Golden Clover Awards** recognize outstanding achievement of 4-H members, volunteers, 4-H program staff and groups within the 4-H YDP. Applications are now being accepted until **May 31, 2008**. Nominate someone or apply yourself! More information is available at <http://www.ca4h.org/4hresource/ir/goldenclover/index.asp>

The Collegiate 4-H at UC Davis invites high school 4-H members to their annual "**You See Davis Days**." The event will take place April 17 - 19, 2008 at UC Davis. Registration materials are available at <http://clubs.ca4h.org/collegiate4h/ucd/ysddays.htm>. Please contact Vanessa Renwick (vmrenwick@ucdavis.edu or 559-977-0108) with any questions.

HOME ECONOMICS FIELD DAY



WHEN: April 12, 2008

WHERE: Siskiyou Golden Fairgrounds, Winema Hall

EVENT SCHEDULE: 9:00-9:15am Registration/Welcome
9:15-11:30am Workshops and Judging of Entries
10:00-12:00pm BBQ/Skillet Meal Competition and Judging
12:00-12:15pm Presentation of Awards
12:15pm Lunch (Potluck-Bring a Dish to Share)

ENTRY FORM FOR YOUTH OR ADULT

Entry forms must be turned into the 4-H office no later than **5:00pm on April 4, 2008**. At the event, all entries should be accompanied by the recipe used and exhibitors should be prepared to tell the judges about the nutritional value of their entry or the process used in making decorated cakes or food items. *Volunteer Leaders may enter bread, salad, or an appetizer/finger food. Special awards will be available and entries will be shared for potluck.

4-H exhibitors can either enter sewing items in Youth Arts Festival, **OR** in the in the Home Ec. Field Day. **The same item cannot be entered in both events.**

Name: _____ Age: _____

4-H Club: _____ Grade: _____

Please mark an X next to categories you would like to enter:

___ ***Appetizers/Finger foods** (Open to youth and adults.)

___ ***Bread** (Open to youth and adults.)

___ ***Salad** (Open to youth and adults.)

___ **Dessert-in-a-jar** (Must include dessert ingredients in jar, recipe and pre-made sample for judging.)

___ **Decorated Cake** (Remember you should try to incorporate the theme, *Healthy Choices*.)

___ **Other Decorated Foods**

___ **Theme Basket-Cooking** (Must include at least one homemade food item.)

___ **Table Setting** (Decorations should show a theme of your choice. Members need to furnish their own card table. All tables need to be set for one, dishes for main course only, glass for all courses and silver for all courses except dessert. Menu with theme must be furnished for display on the table. This information may be submitted on a card neatly lettered or typed.)

___ **Siskiyou CattleWomen BBQ Competition** (Bring your favorite BBQ beef recipe and put your cooking talents to the test. Contestants need to provide their own BBQ –charcoal or gas. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the recipe as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

___ **Siskiyou CattleWomen Skillet Meal Competition** (Bring your favorite beef electric skillet meal recipe and put your cooking talents to the test. Contestants need to provide their own electric skillet and extension cord. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the meal as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

___ **BBQ Competition** (Bring your favorite BBQ recipe (non beef) and put your cooking talents to the test. Contestants need to provide their own BBQ –charcoal or gas. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the recipe as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

___ **Skillet Meal Competition** (Bring your favorite electric skillet meal recipe (non-beef) and put your cooking talents to the test. Contestants need to provide their own electric skillet and extension cord. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the meal as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

___ **No Sew-Handmade items/Novice** 1st year clothing project members (all ages)

___ **No Sew-Handmade**/All other participants

___ **Non-wearable sewn item**

___ **Quilts** The Siskiyou Country Quilters Guild will be sponsoring a \$25 cash award to the County Winner and awards for all first place recipients of the Quilt competition.

___ **Theme Basket-Sewing** (Must include at least one homemade sewn item.)

Youth Arts Festival Registration Form

Exhibits accepted on April 11th (only 3pm-6pm)
Exhibits open for review on April 12th (11am-3pm)
Workshops begin April 12th (11:30am-3pm)

NAME: _____

SCHOOL: _____ AGE: _____ GRADE: _____

4-H CLUB (IF ENROLLED ONLY): _____

Please fill in the Division and Class number along with a description of the item. 4-H members may enter items in the 4-H category by checking the box indicated. All other entries should be indicated by checking the school category.

*****LIMIT OF 2 ITEMS PER EXHIBITOR, PER DIVISION*****

DIVISION	CLASS	DESCRIPTION	SCHOOL	4-H CLUB (IF ENROLLED)

Exhibitor Signature _____

Teacher/Parent or Guardian Signature _____

Please have entry form completed when you deliver exhibits to Fairgrounds.
Exhibits will only be accepted on April 11th from 3-6pm unless previous arrangements have been made with
Jacki Zediker at 842-2711.

Please make copies of entry form as needed.

Youth Arts Festival

Sponsored by Siskiyou County 4-H

Open to all Siskiyou County Youth grades Kindergarten thru 12th grade!

****4-H exhibitors only**:**

You can either enter sewing items in divisions 5 or 7 of the Youth Arts Festival, or in Home Ec Field Day, NOT both!

Exhibits accepted on April 11th (only 3pm-6pm)

Exhibits open for review on April 12th (11am-3pm)

People's Choice Awards: During the viewing of exhibits, the public will be able to purchase \$0.75 ribbons to place on exhibits of their choice. Ribbons will be given to the exhibitor.

Workshops begin April 12th (11:30am-3pm)

Exhibits MUST be picked-up between 3pm-4pm on Saturday, April 12th.

DIVISION	GRADES K-3	GRADES 4-6	GRADES 7-9	GRADES 10-12
Division 1 PAINTINGS (watercolor, acrylic)	CLASS 1	CLASS 2	CLASS 3	CLASS 4
Division 2 DRAWINGS (charcoal, pencil)	CLASS 5	CLASS 6	CLASS 7	CLASS 8
Division 3 PHOTOGRAPHY (color)	CLASS 9	CLASS 10	CLASS 11	CLASS 12
Division 4 PHOTOGRAPHY (black and white)	CLASS 13	CLASS 14	CLASS 15	CLASS 16
Division 5 NON-WEARABLE SEWING ITEM	CLASS 17	CLASS 18	CLASS 19	CLASS 20
Division 6 SEWING (garments)	CLASS 21	CLASS 22	CLASS 23	CLASS 24
Division 7 KNITTED OR CROCHETED	CLASS 25	CLASS 26	CLASS 27	CLASS 28
Division 8 WOODWORKING	CLASS 29	CLASS 30	CLASS 31	CLASS 32
Division 9 OTHER CRAFTS	CLASS 33	CLASS 34	CLASS 35	CLASS 36

For more information contact the 4-H Office, at 842-2711.

8th Annual County-wide 4-H Archery Shoot

Saturday, April 26th

Siskiyou Bowman Range

(Directions available upon request)

Entries due by April 18th to the 4-H Office, 1655 S. Main Street, Yreka, CA 96097. Entry Fee \$6.00. Late registration fee is \$10.00. Checks should be made payable to Siskiyou County Leaders Council.

This event is sponsored by River Valley 4-H and Big Springs 4-H.

SCHEDULE OF EVENTS

(If you need help with equipment or need to borrow equipment please make sure to arrive by 9:00AM)

9:00AM Registration
9:15AM Safety Orientation (required)
9:30AM Shoot Begins

DIVISIONS

(1-4 Standard shooting with marked yardage. Two arrows per target.)

(Age as of January 1st)

1. Nervous/Novice Anyone's first or second Bow shoot
2. 9-10
3. 11-13
4. 14-19
5. Numbered Card Shoot—Regular poker cards will be placed on target-marked yardage-3 arrows highest score wins-Face cards worth 10 pts, Aces worth 1 pt.
6. Moving Target-3 arrows only on a moving target
7. Long Distance Shoot-Unmarked yardage
8. Balloon Shoot-marked yardage-3 arrows. Each balloon is colored and valued as follows-White=20, Red=10, Blue=5. Also some balloons have slips of paper with added points on them. This division takes luck and talent.
9. Unmarked Yardage- No shooting-Judge 2 markers for distance in terms of yards. No walking on course, no talking, no visual aids or equipment.
10. Name That Archery Stuff-Study and Practice-You will have 5 minutes to fill out the test. Copies of the ABC's of Archery are available at the 4-H Office.
11. 8 Steps to Proper Form- (ABC's of Archery) There will be a demonstration on proper form after the safety meeting on the day of the shoot. Each step will be given a rating of 1-10 pts.

Participation certificates will be presented to all participants. Ribbons to 6th place. Division Winner awards available.

8th Annual County-Wide Archery Shoot
Saturday, April 28th
Registration Form
(Lunch provided with registration fee.)

Entries due by April 18th to the 4-H Office, 1655 S. Main Street, Yreka, CA 96097. Entry Fee \$6.00. Late registration fee is \$10.00. Checks should be made payable to Siskiyou County Leaders Council.

Name _____ Phone _____

Age _____ Years in 4-H _____ Years in Archery _____

Address _____ 4-H Club _____

Please Circle the Divisions you are entering. (Age as of January 1st.)

1. Nervous/Novice
2. Ages 9-10
3. Ages 11-13
4. Ages 14-19

Divisions 5-11 open to all ages.

5. Numbered Card Shoot
6. Moving Target
7. Long Distance
8. Balloon Shoot
9. Unmarked Yardage
10. Name that Archery Stuff
11. Shooting Form

Medical Treatment forms are required for all entrants for safety precautions. Siskiyou Bowmen & Field Archer Waiver and Release of Liability must be signed to participate in the event. Waiver & Medical Treatment forms can be picked up at the 4-H Office.

4-H Camp at Shasta Camp

This is the six year for the Siskiyou County 4-H Program to offer a camp for 4-H members. Camp activities are built around fun teambuilding and leadership activities. Don't miss out on three days of fun!! This years camp theme is "Treasure Island". Come and join the rest of the matey's for a weekend adventure.

Campers: All 4-H members are eligible to attend. However, primary member participation requires a club chaperone. Campers are to arrive on Friday June 20th and be picked up on Sunday June 22nd. Campers may arrive between 4 p.m. and 7 p.m. on Friday and must be picked up between 12:00 noon and 1 p.m. on Sunday.

Cost: Camp fee is \$55.00 per camper. No applications accepted after **Monday, June 2nd**. The fee covers the cost of meals, snacks, and camp facilities. All 4-H'ers that apply will be sent more information and instructions in June. If you have any questions please call the 4-H Office at 842-2711. Space is limited in the dorm. Some campers may be staying in tents.

Mandatory Equipment: All campers are required to provide their own bedding.

Name _____ Boy _____ Girl _____ Age _____

Address _____ City _____ Zip _____

Telephone # (HOME) _____ (WORK) _____

4-H Club _____ School Grade in September _____

Parent(s)/Guardian(s) Names _____

In case of emergency if unable to contact parent:

Name _____ Relationship _____

Telephone # _____

Camp T-shirt is \$8.00 extra. If you would like a T-shirt please circle the size you would like and include \$8.00 in the cost of the camp fees. T-shirts are adult sizes.

T-shirt size (circle one) Small Medium Large Xlarge XXlarge (2.00extra)

This registration form, one medical consent form (request from 4-H office), and fees are due to the 4-H office, 1655 South Main Street, Yreka, CA 96097 by 5:00 PM, June 2, 2008. No late payments will be accepted.

Camp Fee \$55.00

Amount enclosed \$ _____ Check # _____ or Cash _____

Please be sure to add \$8.00 to camp fee if you are ordering a T-shirt.

Our signatures indicate that we have read and understand the Code of Conduct, and the consequences of any violations.

Signature of Parent or Guardian

Date _____

Camper Signature

Date _____

4-H Camp Code of Conduct

This Code of Conduct has been established to create a positive educational experience for all campers and adult staff. In order to provide the best camp program possible, it is necessary that all participants are aware of and agree to abide by the rules and the consequences for not abiding by these rules. Rules are as follows:

1. All meals and snacks are provided; if you bring snacks they will be kept in the kitchen and made available to all campers.
2. No running in camp unless during an organized activity.
3. You must wear closed-toe shoes. It is OK to wear sandals to and from showers; no bare feet at any time.
4. Sleeping areas must be kept neat and free of litter.
5. Campers are not to leave campgrounds. Camp boundaries will be posted and exceptions will be on a case by case examination of the need.
6. Campers must be in their beds by 11pm.
7. All prescription and over the counter drugs must be given to the camp medical staff upon arrival at camp.
8. Do not touch other campers' belongings; this means no raiding or trashing of bunks.
9. Disrespectful, abusive language will not be a part of camp (no profanity, racial slurs, or putdowns).
10. Do not damage or deface camp facilities or property. No writing or carving on the buildings, tables, benches or trees.
11. Label all personal items with name; 4-H is not responsible for lost items.
12. Rudeness, lack of courtesy, cheating and disrespect for authority will not be tolerated.
13. Threatening physical abuse is not an acceptable behavior.
14. Be on time and ready to participate. All campers must attend all camp activities and meals unless, special permission is given by camp director.
15. If ill, report to the camp medical staff.
16. Be a positive team member of your group.

The following items and activities are not allowed at camp. Campers and adult staff having or doing such will be sent home immediately, at their own expense.

17. Possession of alcoholic beverages, knives, firearms, fireworks, illegal drugs, matches, candles and/or tobacco.
18. Gambling or betting with money, excessive displays of affection, fighting, threatening physical abuse, stealing, tampering with emergency equipment and being under the influence of drugs or alcohol are not acceptable behaviors.
19. Campers may NOT be out of their bunks without the permission of an adult, 30 minutes after lights out.

CONSEQUENCES: The following actions will be taken if a camper or staff member does not abide by the rules.

- Step 1: First infraction-Discuss the inappropriate behavior with a staff member and clarify the rule.
- Step 2: Second infraction-Discuss the inappropriate behavior with camp director and camper will be given a task for up to 30 minutes related to the infraction.
- Step 3: Third infraction or infraction of **rules 17-19**-Camp director or 4-H staff will request parent to pick up camper to be taken home at camper's expense and camp fee will not be refunded. Adult staff members will be requested to leave camp immediately.

Additional consequences may be barring the individual from future 4-H activities, assessing the cost of damages and repairs in the event of destruction of property, releasing the individual to the nearest law enforcement agency, and/or termination of 4-H membership. Parents will be notified of any further action taken.

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4-H WAY

This is your copy of the Siskiyou County 4-H Way. It is published to promote 4-H activities and participation. Your comments are invited.

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DATED MATERIAL