

4-H



WAY

Cooperative Extension, 1655 S. Main  
Yreka, CA 96097

530-842-2711

<http://cesiskiyou.ucdavis.edu>



### January

- 30- "How to" for Presentations-Workshop
- 30- CSU, Chico Swine Education Day

### February

- 11- Livestock Seminar, SGF
- 13- Sheep Educational Day, CSU, Chico
- 20- Hippology Contest

### March

- 6- Presentation Day, Grenada Elementary

### April

- 1- Scholarship Applications Due
- 9- Youth Arts Festival Entries Due
- 10- Home Ec. Field Day, Youth Arts Festival, Fashion Revue

### Personal Development Form (Hints)

Helpful suggestions of events and activities that should be added to your 4-H record book on a monthly basis.

<u>Event/Skill/Award</u>	<u>Number on PDR</u>
Basketball, Choir, Band, Dance	8

### Presentation/Demonstration Workshops

In an effort to help members discover their public speaking and demonstration skills, a special workshop and training has been scheduled for **January 30<sup>th</sup>** at 9:30am at Scott Valley Junior High in Fort Jones. Members will be able to find new ideas for presentations and will have the opportunity to see different presentation types and styles. Etna 4-H club will be hosting the training.

### Gazelle 4-H-Valentine's Day Spaghetti Feed

Gazelle 4-H Club is having a Spaghetti Dinner on February 14<sup>th</sup> at Gazelle Grange from 5:00-6:30pm. Tickets are \$5.00 each or \$20 per family. Dinner includes all you can eat homemade spaghetti, salad, French bread and dessert. There will also be a Silent Auction. Proceeds will support our community service projects: Food Pantry at Gazelle Community Church, Memorial Day Flowers at Gazelle Cemeteries and future Christmas Dinner Baskets. Contact Madison or Vickie Beltramo at 435-2414 for tickets or more information. Join us to support 4-H and have a delicious dinner.—Gazelle 4-H President, Madison Beltramo

The Siskiyou Golden Fair along with  
Nutrena Feeds once again presents

## GET TO AUCTION THE RIGHT WAY

Livestock Seminar

**THURSDAY, FEBRUARY 11, 2010 AT 6:30 P.M.  
IN WINEMA HALL AT THE  
SISKIYOU GOLDEN FAIRGROUNDS**

TOPICS INCLUDE:

FEEDING/WATERING

ANIMAL CARE

ANIMAL ETHICS

2010 FAIR RULE CHANGES

**THIS COUNTS AS QUALITY ASSURANCE!**

**\*\*There will not be a concession this year!\*\***



**SISKIYOU COUNTY 4-H**

## Hippology Contest

Saturday, February 20th  
10 am to 12 pm  
Winema Hall at the Yreka Fairgrounds  
Join us for an award ceremony and potluck following the contest

Hippology is the study of the horse. At the Hippology Contest you can test your skills on everything from colors and patterns to nutrition and even reproductive tracts, depending on your division. The Hippology Contest is a fun way to test your knowledge on horses. Come and learn new things, show what you already know, and have fun! Bring a potluck item for our lunch and award ceremony following the contest.

**Sign Up**

Name \_\_\_\_\_ Age \_\_\_\_\_  
Club \_\_\_\_\_

Send to:  
Jordyn Ellorin  
502 McCloud Ave.  
Mt. Shasta Ca. 96067

For more information call Jordyn Ellorin at (530) 926-6836 or email me at [jordyn.rose@bgstring.com](mailto:jordyn.rose@bgstring.com)

## Etna 4-H News

Greetings from Scott Valley -Submitted by Luke and Liesl Schwall

The Etna 4H Club is up and running for the year. Officers were elected at the Club's September meeting. New officers include Abby Travis (President), Allyson Fleener (Vice President), Darby Hanna (Secretary), Emma Morris (Treasurer), Preston Munson and Trey Bradford (Sergeant at Arms), Tarron Branson (Roll-call Secretary), Luke and Liesl Schwall (Reporters), Katie Bundy (Historian), and Delaney Black and Hunter Dickson (Council Representatives). Congratulations to you all!

The Club has already been active in a few events this fall. Several were present at the recent Achievement Night and the Club also participated in the Etna Veteran's Day Parade. At a recent shooting sports competition, both Jace Cramer and Darby Hanna won awards for their "dead-on" marksmanship skills. Way to go!

Happy Winter from Scott Valley!  
Submitted by Liesl and Luke Schwall

The Etna 4H Club has been busy this past winter. On December 20, numerous club members participated in the annual "Living Nativity" scene held at the Morris Ranch. This fun event was topped off by Christmas caroling and refreshments at the Berean Church.

The Club will be hosting the Presentation Workshop on January 30 and the Club will have its own demonstration night at its February meeting. Both of these events will help county 4-H'ers get ready for the County Presentation Day in March.

## Scholarship Availability

The Siskiyou County 4-H Leader's Council is offering three educational scholarships for members who will be graduating during the current school year from a public, private or home school in Siskiyou County. Applicants must be a current Siskiyou County 4-H member with at least 3 years in the program and must have plans to continue their education either at a college or vocational/trade school. Application deadline is **April 1<sup>st</sup>**. All eligible members should receive an application in the mail.

## SAVE THE DATE

Horse Project Groups be sure to mark April 3, 2010 on your calendars for the Second Annual Ride For Life to be held in Red Bluff. Start getting your teams together now. For team packets please contact Jessica Macdonald @ 529-9679 or Bailey Brownfield at 527-6290. This year's ride brings some exciting additions to the day.



## County Presentation Day

March 6<sup>th</sup>

Grenada Elementary School



### Schedule

9:30am Judges and Room Monitor Orientation  
9:45am Welcome/Skits  
10:00am Presentations (awards presented in rooms)

Registration materials are available in this copy of the 4-H Way. If you need information about creating a presentation or what is required for competition plan on attending the presentation workshop on January 30<sup>th</sup>. Information about the event can be found in this 4-H way. More presentation specifics can be found at the following link:

<http://ca4h.org/leadership/spd/4HPresentationManual-3.doc>

## CSU, Chico Swine Day

The California State University, Chico Swine Educational Day will be on January 30<sup>th</sup> at the Chico State Farm. Keynote speaker will begin at 9am and educational workshops will begin at 10am. Lunch is available followed by a pig sale for early fairs. For more information contact the [chicostateswineunit@gmail.com](mailto:chicostateswineunit@gmail.com) or call 530-898-6025.

## California State 4-H Updates/Info

The **2010 4-H State Leadership Conference** will be held **July 29 - August 1, 2010** at UC Davis. The conference - "Operation 4-H" - will provide over 500 high school aged youth and adult 4-H volunteers with an opportunity to engage in hands on learning experiences while developing citizenship and leadership skills.

**Educational sessions are being recruited** emphasizing 4-H science, engineering and technology activities.

Proposals are **due February 26, 2010** and are available at <http://www.ca4h.org/4hresource/updates/attach/2009/Dec09/2010SLC-EducationProposal.doc>



California will be sending 4-H members and leaders outbound on the **California International Exchange Program** during the summer of 2010. Are you ready for a one month experience in Australia, Costa Rica, or Japan? Delegates must submit an application with reference letters and complete an interview by **January 27, 2010**. More information is available at: <http://ca4h.org/exchange/>.

The **2010 State 4-H Field Day** is planned for May 29, 2010. The event will include a variety of interests including presentation day, state fashion revue, a plant science contest and interview contest amongst many others. If you are interested in exhibiting at this annual event, click here <http://www.ca4h.org/projresource/fieldday/SFD-App-Form2010.pdf> for an application. Applications are due by **April 2, 2010**.

The **2010 State 4-H Field Day** will be held on **May 29, 2010** at UC Davis. The State 4-H Field Day is the largest California statewide 4-H event, open to 4-H members, siblings, parents, 4-H volunteers and staff. In 2010, 4-H SET will be featured with many hands-on science, engineering and technology activities and challenges! Your 4-H Club or project can help! Educational displays constitute a unique aspect of the State 4-H Field Day. These exhibits are a great opportunity to share knowledge, interact with youth and adults, and engage people in new activities. Possibilities for displays include hands-on activities, community service, informative booths, etc. Applications are due April 2, 2010 and the form is available at

<http://www.ca4h.org/projresource/fieldday/SFD-App-Form2010.pdf>. More information is available at <http://www.ca4h.org/projresource/fieldday/>

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## State Qualifying Dairy and Livestock Judging Contests

The **2010 Judging contests** will be held **April 17, 2010** at Fresno State University in conjunction with a state FFA judging contest. Applications are due by **February 19, 2010** to the State 4-H Office. The entry fee is \$25.00/team or \$5.00 per individual. The applications is available on the state website and by contacting the State 4-H Office, 530-754-8518. Check [here](#) for the rules governing state dairy and livestock judging contests.

**Hats Off to Kindness** at the **State Fashion Revue!** Make a soft, fleece or knitted hat, bring it to the State Fashion Revue, model it, and donate it to cancer patients, young or old! This community service is open to all 4-H youth and adults. This is a great way to use your sewing skills for the benefit of your community. Think soft and fuzzy, not hard or scratchy. Bring your hats to Fashion Revue in May and let's show our cancer patients we care! For more details, check out the website at <http://www.ca4h.org/projresource/fashion/>.



Dates have been set for **2010 State 4-H Horse Events**. The State 4-H Horse Classic - Educational Contests will be held **April 24 & 25 at Reedley College, Reedley, CA**. The **Championship Horse Show** will be held at the Santa Cruz County Fairgrounds in Watsonville on **Thursday, June 24 thru Sunday, June 27**. More information is available on the web site at <http://ca4h.org/projresource/horse/>.

The **26th Annual State 4-H Shooting Sports Match** has been planned and those interested in participating will need to contact their county 4-H staff members to submit registration forms. On or before the postmark date of **March 5, 2010**, UCCE 4-H offices must submit registration forms to the Siskiyou County Leaders Council. For more event information, please click here for [Procedures and Rules](#), [Registration Form](#), and [Categories & Awards](#) details. Contact Jacki Zediker, [jkzediker@ucdavis.edu](mailto:jkzediker@ucdavis.edu).

"What's in YOUR closet?" Planning has begun for **2010 State 4-H Fashion Revue**, to be held during the State 4-H Field Day, **May 29, 2010** at UC Davis! Needle Arts will not be offered this year, but Traditional, Consumer Science-Purchased, Wearable Art and Recycled categories remain in addition to our new 2010 Challenge. The **Challenge pattern is Simplicity #4762, a vest**

**that can be customized to fit your needs.** Is it a formal vest or a durable one for fishing or hunting? Need extra pockets? Leather trim? Vests can be made for girls with a few simple adjustments and can coordinate with many different outfits. For information go to <http://www.ca4h.org/projresource/fashion/> or contact [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu).

### Siskiyou County Hi 4-H Murder Mystery Dinner



Members of the Siskiyou County Hi 4-H met in early January to reminisce about the 1850's at the Deadwood Saloon during their annual murder mystery dinner and party. Look for more information about the ongoing Hi 4-H group and their many activities in future 4-H events.





# HOME ECONOMICS FIELD DAY

## Country Roots

The Challenge  
is On



**WHEN:** April 10, 2010

**WHERE:** Siskiyou Golden Fairgrounds, Floral Building

**EVENT SCHEDULE:** 8:30-8:45am Registration/Welcome  
8:45-11:30am Workshops and Judging of Entries  
9:45am-12:00pm BBQ & Ultimate Sandwich Competition and Judging  
12:00-12:15pm Presentation of Awards  
12:15pm Lunch (Potluck-Bring a Dish to Share)

### ENTRY FORM FOR YOUTH OR ADULT

Entry forms must be turned into the 4-H office no later than **5:00pm on March 26, 2010**. At the event, all entries should be accompanied by the recipe used and exhibitors should be prepared to tell the judges about the nutritional value of their entry or the process used in making decorated cakes or food items. \*Volunteer Leaders may enter bread, salad, or an appetizer/finger food. Special awards will be available and entries will be shared for potluck.

Name: \_\_\_\_\_ Age: \_\_\_\_\_

4-H Club: \_\_\_\_\_ Grade: \_\_\_\_\_

Please mark an **X** next to categories you would like to enter:

- \*Appetizers/Finger foods** (Open to youth and adults.)
- \*Bread** (Open to youth and adults.)
- \*Salad** (Open to youth and adults.)
- Dessert-in-a-jar** (Must include dessert ingredients in jar, recipe and pre-made sample for judging.)
- Snack Mix** (Must include recipe. Snack mix should be presented in snack bag for judge. Additional mix can be provided to share with other attendees)
- Soup/Beans in-a-jar** (Must include label of ingredients in jar, recipe and pre-made sample for judging.)
- Jerky** (Must include drying instructions and recipe. Jerky should be a sample that fits inside a snack zip-lock type bag.)
- Jam or Jelly** Circle One (All Jams and Jelly should be entered sealed and in a pint jar.)
- Decorated Foods**
- Theme Basket-Cooking/Sewing** (Must include at least one homemade food item or one homemade sewn or needle art item.)
- Potholder** (Enter your favorite decorated, sewn, knitted or other type of handcrafted potholder. Be creative but make sure the potholder is functional.)
- Centerpiece** (Should incorporate the theme of Home Ec. Field Day)
- Table Setting** (Decorations should show a theme of your choice. Members need to furnish their own card table. All tables need to be set for two, dishes for main course only, glass for all courses and silver for all courses except dessert. Menu with theme must be furnished for display on the table. This information may be submitted on a card neatly lettered or typed.)
- Ultimate Sandwich Competition** (Bring all your favorite sandwich ingredients and show your talents at making the ultimate dream sandwich. You can bring all supplies ready to be assembled. Please provide a recipe so that the sandwich could be duplicated. Special awards will be provided.)
- BBQ Competition** (Bring your favorite BBQ recipe (non beef) and put your cooking talents to the test. Contestants need to provide their own BBQ –charcoal or gas. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the recipe as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)
- Siskiyou CattleWomen BBQ Competition** (New rules will be available in the next 4-H Way. Plans are underway to have this be a multi-county contest.)

# Youth Arts Festival

Sponsored by Siskiyou County 4-H

*Open to all Siskiyou County Youth grades Kindergarten thru 12<sup>th</sup> grade!*

**Exhibits accepted on April 9<sup>th</sup> (only 3pm-6pm) Floral Bldg. at the Fairgrounds**

**Exhibits open for review on April 10<sup>th</sup> (12:30pm-4pm)**

People's Choice Awards: During the viewing of exhibits, the public will be able to purchase \$0.75 ribbons to place on exhibits of their choice. Ribbons will be given to the exhibitor.

**Workshops begin April 10<sup>th</sup> (1:00pm-3:30pm)**

**Exhibits MUST be picked-up between 4pm-4:30pm on Saturday, April 10<sup>th</sup>.**

DIVISION	GRADES K-3	GRADES 4-6	GRADES 7-9	GRADES 10-12
<b>Division 1</b> <b>PAINTINGS (watercolor, acrylic)</b>	<b>CLASS 1</b>	<b>CLASS 2</b>	<b>CLASS 3</b>	<b>CLASS 4</b>
<b>Division 2</b> <b>DRAWINGS (charcoal, pencil)</b>	<b>CLASS 5</b>	<b>CLASS 6</b>	<b>CLASS 7</b>	<b>CLASS 8</b>
<b>Division 3</b> <b>PHOTOGRAPHY (color)</b>	<b>CLASS 9</b>	<b>CLASS 10</b>	<b>CLASS 11</b>	<b>CLASS 12</b>
<b>Division 4</b> <b>PHOTOGRAPHY (black and white)or (sepia)</b>	<b>CLASS 13</b>	<b>CLASS 14</b>	<b>CLASS 15</b>	<b>CLASS 16</b>
<b>Division 5</b> <b>PHOTOGRAPY (snapshots)</b>	<b>CLASS 17</b>	<b>CLASS 18</b>	<b>CLASS 19</b>	<b>CLASS 20</b>
<b>Division 6</b> <b>SCRAPBOOKING (8 ½ X 11 or 12X12, should be in page protector.)</b>	<b>CLASS 21</b>	<b>CLASS 22</b>	<b>CLASS 23</b>	<b>CLASS 24</b>
<b>Division 7</b> <b>NON-WEARABLE SEWN ITEM</b>	<b>CLASS 25</b>	<b>CLASS 26</b>	<b>CLASS 27</b>	<b>CLASS 28</b>
<b>Division 8</b> <b>SEWING (garments)</b>	<b>CLASS 29</b>	<b>CLASS 30</b>	<b>CLASS 31</b>	<b>CLASS 32</b>
<b>Division 9</b> <b>KNITTED OR CROCHETED</b>	<b>CLASS 33</b>	<b>CLASS 34</b>	<b>CLASS 35</b>	<b>CLASS 36</b>
<b>Division 10</b> <b>LEGOS CREATION OR LEGOS ROBOTICS</b> (Structure can be no larger than 14x14x14 and must be able to be moved for display)	<b>CLASS 37</b>	<b>CLASS 38</b>	<b>CLASS 39</b>	<b>CLASS 40</b>
<b>Division 11</b> <b>OTHER CRAFTS</b>	<b>CLASS 41</b>	<b>CLASS 42</b>	<b>CLASS 43</b>	<b>CLASS 44</b>

Entry forms available in the next 4-H Way.  
For more information contact the 4-H Office, at 842-2711.

## County Presentation Day Registration

\_\_\_ JUDGE - Adults and 4-H'ers 9<sup>th</sup> grade or above and approved by 4-H Program Representative

\_\_\_ ROOM COORDINATOR - Must be 8<sup>th</sup> grade or above

\_\_\_ TABULATION

We need three (3) adult and/or teen judges and one (1) Room Coordinator for each room. Use this opportunity to become a better leader and coach for presentations in the future. We will begin orientation at 9:30am and reduce or increase the number of rooms depending on the number of judges we have at that time.

**Please return forms to the 4-H Office by February 26<sup>th</sup>.**

I appreciate your help in advance—Thank you.

\*\*\*\*\*

### Siskiyou County Presentation Day Registration Form-Due February 26<sup>th</sup>.

CATEGORY: Please check one

\_\_\_ Demonstration, individual

\_\_\_ Educational Display

\_\_\_ Demonstration, team

\_\_\_ Illustrated Talk/Scientific

\_\_\_ Speech, Prepared

\_\_\_ Share The Fun

\_\_\_ Interpretive Reading

\_\_\_ Speech, Impromptu

\_\_\_ Problem Solving

Name \_\_\_\_\_ Age \_\_\_\_ Grade \_\_\_\_ Club \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_ Grade \_\_\_\_ Club \_\_\_\_\_  
(Team member)

Number of members in skit: \_\_\_\_\_

Title (be creative) \_\_\_\_\_

Is a live animal a part of the presentation? (circle your answer)      YES      NO

Is there anything special about the room setup for your presentation or skit that we need to know?

\_\_\_\_\_

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# 4-H WAY



This is your copy of the Siskiyou County 4-H Way. It is published to promote 4-H activities and participation. Your comments are invited.

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