

# 4-H



# WAY

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## January

- 3 Hi 4-H Meeting 5:30-4-H Office
- 11 Home Ec. Advisory Committee Mtg.,  
6:00 4-H Office
- 11 Leaders Council Mtg-7pm 4-H Office
- 29 Primary Member Field Day

## February

- 7 Hi 4-H Meeting 5:30-4-H Office

## March

- 5 County Presentation Day
- 26 Sectional Presentation Day

## April

- 9 Youth Arts Festival
- 9 Fashion Revue

### Personal Development Form (Hints)

Helpful suggestions of events and activities that should be added to your 4-H record book on a monthly basis.

<u>Event/Skill/Award</u>	<u>Number on PDR</u>
Ski Team, Snowboarding, Hockey	8
Holiday Parade Committee	4
Officers Training	3

### Home Ec. Advisory Council Meeting

If you are a leader for the Foods and Nutrition, Food Preservation, Fashion Revue, Arts & Crafts, Photography or Clothing and Textiles projects we need your help. We have several county events coming up and your input and planning expertise is needed. Please plan to attend the Home Ec. Advisory Council meeting on January 11<sup>th</sup> at 6:00 pm at the 4-H Office. Teen and Jr. Leaders are welcome to attend.

### California Focus- June 17 – 21 in Sacramento

Siskiyou County will have eight delegates and two chaperones attending California Focus in June. Youth attendees are Tarron Branson-Etna 4-H, Katelynn Jackson, Amber Pickens and Herman McEwen-Grenada 4-H, Samantha Bunce and Edward Freeman-Big Springs 4-H and Zoe Walsh-River Valley 4-H. Registration forms are due by January 6<sup>th</sup> if you would like an opportunity to attend this citizenship conference. Find out more about the California Focus Program on the web at: <http://www.ca4h.org/Projects/Citizenship/Focus/>.

**4-H Exchange Program** The world is shrinking!! This isn't the opening line of a science fiction story. It's true! We live in a global community. In our inter-related world, events in one country affect others and we have many more opportunities to interact with people from around the world. Find out how you can begin to prepare yourself to be an active citizen in a global world by participating in the **4-H International Exchange Programs**. In **2011**, California 4-H members and families will host students from **Costa Rica, Japan, and Norway**. In addition, 4-H members and leaders can travel outbound to Australia. Information about the 4-H programs is available at: <http://www.ca4h.org/Projects/Citizenship/International/> or by contacting Pat English at [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu) or 530-754-8520.

### Primary Member Field Day

Your "Passport to 4-H"! All Primary members (5-8 year olds) and their parents are invited to attend a Primary member field day on Saturday, January 29<sup>th</sup>. Members will be able to participate in hands on projects and learn about the complex world of 4-H. The Field Day will be held at the Big Springs Union Elementary School at 9:30am.

### Dean Memorial 4-H Legacy Funds Awarded

Congratulations to the Grenada 4-H Jewelry making project for being awarded \$250.00 toward supplies to create an outreach project with the Grenada Afterschool program.

### State Record Book Awards Received

Three Siskiyou 4-H members completed record books for state competition. Sean Boerger-Strawberry Valley was awarded the Medalist award while Amelia Clyatt-Strawberry Valley and Harlee McEwen-Grenada 4-H received Merit awards. State Record book winners receive \$250.00. I hope more members will think about entering record books for the 2011 contest.

## 2011 4-H SET Workshops

February 5, 2011 from 9am-4pm,  
registration due January 24. Free!

<http://ucanr.org/set/>

Counties are invited to send a team of 4-H teen leaders, 4-H volunteers, 4-H staff, and afterschool partners to the 2011 4-H SET Winter Workshops. The workshops emphasize experiential and inquiry-based learning, providing practical examples of incorporating hands-on activities that invite youth exploration, promote active questioning, and application to the real world. These workshops will assist in increasing the knowledge, skills, competencies, and confidence levels of adult volunteers, teens and staff to provide engaging 4-H SET learning experiences. Flyer available at <http://www.ca4h.org/files/63643.pdf>

## California 4-H Photography Contest and Film Festival at the 2011 State 4-H Field Day

Event on May 28, 2011. Registration due by May 6, 2011.

<http://www.ca4h.org/Programs/Events/SFD/>

Start thinking now about the photography contest and film festival being planned for the 2011 State 4-H Field Day on May 28, 2011 at UC Davis. The California 4-H Technology Leadership Team will release the themes for both events in January 2011. Both are open to all 4-H members (age 9 through 19). For more information, please contact: Photography Contest, John Trammell at [techdude4h@gmail.com](mailto:techdude4h@gmail.com) and Film Festival, Ashlyn Aiu at [singthislouder@gmail.com](mailto:singthislouder@gmail.com)

## NYSD Update-

Siskiyou County achieved top participation in this year's 4-H National Youth Science Day with the highest participation levels of youth reporting back their results at [www.4-H.org/NYSD](http://www.4-H.org/NYSD). To recognize their participation, Siskiyou County will be receiving a \$500 award to

use towards their county's science, engineering and technology programming!

## 4-H Healthy Living Grant Program

**Deadline: January 15, 2011**

California 4-H is offering mini-grants for *youth-directed* healthy living projects. 4-H members are encouraged to apply for funding, lead the project, and partner with one or more adults throughout the process. The proposed healthy living project must be implemented with a focus on service-learning, leadership and/or youth-adult partnerships. For more information, please visit [www.ca4h.org/Projects/HealthyLiving](http://www.ca4h.org/Projects/HealthyLiving).

## State 4-H Fashion Revue

The **State 4-H Fashion Revue** committee has a new event manual for counties, participants, families and judges. You can access it at <http://www.ca4h.org/Programs/Events/SFR/>. The manual explains what SFR is, who may enter, the age divisions and outfit categories, and introduces the rubric scorecards which will be used at the state event in 2011. It is not required for this manual to be adopted by county or sectional competitions, but it is recommended that it be used as the state-wide standard for 4-H Fashion Revues. State Fashion Revue will be **May 28, 2011** as part of State Field Day at UC Davis. We hope counties will be including the \$15 Challenge category in their county events; see the flyer at the same website. For information about SFR or to join the committee, contact Karli Draxler, Youth Chair, at [chat2kd@unwiredbb.com](mailto:chat2kd@unwiredbb.com).

## State Presentation Day Updates

Special Recognition at the **2011 State 4-H Presentation Day**. In 2011, California 4-H will offer a thematic recognition pin for youth who participate in State Presentation Day and focus their presentations on one of the following areas: Science, Engineering and Technology, Healthy Living, and Military Youth. Participants may only choose one focus area for their presentation, and the area must be the primary topic of the presentation.

- Resources: **Science, Engineering and Technology (SET)** All youth can be scientists! 4-H engages youth in learning about the natural world

by using science skills, such as observing, questioning, comparing, relating, inferring, designing and building. This year's focus is on the *natural properties and the human interactions with water*.

Presentation topics may focus on the science of water (chemical, physical, biological), water on the earth (watersheds, water cycle, bodies of water), human history of water (water use around the world, transportation, culture, philosophy), the human impacts on water quality and quantity (conservation, pollution), or more. For additional information about 4-H SET, visit [www.ca4h.org/Projects/SET](http://www.ca4h.org/Projects/SET).

- Resources: **Military Youth: "Speak Out for Military Kids"**  
Speak Out for Military Kids is a special project between the U.S. military and 4-H. Military and non-military youth are encouraged to create presentations that *generate community awareness* of issues faced by military youth when a parent is in the deployment cycle. For more information about the 4-H Military Partnership, visit [www.ca4h.org/Programs/MilitaryPartnership](http://www.ca4h.org/Programs/MilitaryPartnership).
- Resources: **Healthy Living**  
4-H provides youth with opportunities that will increase the knowledge, skills and adoption of healthy habits. This year's focus area is *injury prevention*. Potential topics may include bullying, bicycling safety, animal and livestock

safety, protective equipment (seatbelts, helmets), athletic training (stretching, warming up), hunting equipment, ATV safety, teen drivers, water-related injuries, dating violence, fire safety and more. For additional information about 4-H Healthy Living, visit [www.ca4h.org/Projects/HealthyLiving](http://www.ca4h.org/Projects/HealthyLiving).

### Hi 4-H Holiday Events and Activities:



### County-Wide Club Challenge

During the holiday season many people are willing to give canned and non perishable foods to the local food pantries. However, after the holidays the need still exists and often food is not donated in quantities that are needed. Each club is being challenged to collect canned and non-perishable food during the months of February, March and April. This project is being sponsored by the Siskiyou County Leaders Council. Please be looking for a flyer that details information about the challenge, as well as details about some of the most desired food donations that we can help provide. All effort will be made to keep the food in your local communities.

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4-H WAY

This is your copy of the Siskiyou County 4-H Way. It is published to promote 4-H activities and participation. Your comments are invited.

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