

4-H



WAY

Cooperative Extension, 1655 S. Main
Yreka, CA 96097

530-842-2711
<http://cesiskiyou.ucdavis.edu>



March

- 3 Cal Focus Orientation-4-H Office
- 9 State Shooting Match Reg. Due
- 10 County Presentation Day-Dorris
- 13 Leaders Council Mtg.-7PM
- 15 Livestock Auction Committee Mtg.-7PM
- 17 State Equine Field Day-Fresno
- 17 Rabbit Show-Shasta County
- 24 Poultry Show-Shasta County
- 30 4-H Office Closed
- 31 Sectional Presentation Day-Yreka
- 31 Horse Clinic-Fairgrounds

April

- 2 4-H County Scholarship-Deadline
- 13-14 Youth Arts Festival-Yreka
- 14 Home Ec. Field Day-Yreka
- 28 4-H Archery Shoot

Personal Development Form (Hints)

Helpful suggestions of events and activities that should be added to your 4-H record book on a monthly basis.

event/skill/award

Number on PDR

Rabbit Show-Shasta County

The Oak Run 4-H Club presents an ARBA Official Sanctioned Double Youth All Breed Rabbit Show **Saturday, March 17th** at Shasta College in Redding. Entry information is available at the 4-H Office or from your Rabbit Leaders. Entry deadline is March 9th.



Shasta County 4-H Poultry Show

The 15th annual Shasta County 4-H Poultry Show will be held on **Saturday, March 24th** at the Shasta College, Aeronautics Building, #4000. Entry information is available from you 4-H Poultry leader or at the 4-H Office. Entry deadline is March 9th.



County Presentation Day March 10th Dorris, Elementary

Schedule

- 9:30am Judges and Room Monitor Orientation
- 9:45am Welcome/Skits
- 10:00am Presentations (awards presented in rooms)

Registration materials are available in this copy of the 4-H Way. If you need information about creating a presentation or what is required for competition in a specific presentation category please visit the following link at:

<http://ca4h.org/leadership/spd/4HPresentationManual-3.doc>

State 4-H Equine Field Day

The State 4-H Equine Education Advisory Committee invites all 4-H horse leaders, members and parents to the State 4-H Equine Field Day on **Saturday, March 17th** at the Animal Science Pavilion at California State University, Fresno beginning at 8:30 AM. A day of educational workshops is being planned. Invited clinicians will share their knowledge of equine training and developing a partnership with your horse. And there are proposed guest speakers on a variety of equine health issues i.e. nutrition & feeds, ulcer prevention, corrective shoeing, joint diseases, care of pregnant mare & foal to name a few. Recent state and national award-winning demonstrations and public speeches will also be highlighted. Participants will be able to attend 5 different one-hour workshops. Pre-registration is due **March 1, 2007**. The cost for the day is \$20 per participant. There is a group rate of \$15 each for 10 or more. The cost at the door will be \$25. Pre-paid boxed lunches will be available for \$10 each. Go to the statewide 4-H web site at <http://ca4h.org> and click on statewide 4-H calendar and the March 17 date for registration information or contact your local 4-H office.

Scholarship Availability

The Siskiyou County 4-H Leader's Council is offering three educational scholarships for members who will be graduating during the current school year from a public, private or home school in Siskiyou County. Applicants must be a current Siskiyou County 4-H member with at least 3 years in the program and must have plans to continue their education either at a college or vocational/trade school. Application deadline is **April 2nd**.

4-H Shooting Sports Workshop Archery Discipline

Red Bluff, CA

Saturday, March 31st 9:00 AM – 5:00 PM

Sunday, April 1st 9:00 AM – 2:00 PM

A shooting sports training workshop for the archery discipline will be held in Red Bluff, CA. Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. The course will be held at Wetter Hall, 1740 Walnut Street, Red Bluff and at the Ishi Archery Range, Hwy 36 East, Red Bluff. Cost for the course will be \$25 and includes morning refreshments, Saturday lunch and class materials. Dry camping is available at the archery range. In addition, on Saturday evening, we will meet for a no-host dinner and optional discussion. For more information contact Leland George, State Archery Instructor, at 530-527-4369 or e-mail: ljgeorge@tco.net. Please send "Training Request and Registration Form" and fees to Leland George at 21075 Hwy 36 West, Red Bluff, CA 96080. Make checks payable to "Tehama County 4-H Council". Pre-registration due date is March 23. For the "Training Request and Registration Form" go to the <http://www.ca4h.org> web site or contact your county 4-H office.



1st Annual Tehama County 4-H Horse Field Day

Saturday, May 19, 2007

Cottonwood Creek Equestrian Center
Evergreen Road, Cottonwood

4-H horse leaders and members are invited to attend to gain knowledge and have fun with your horses!

The tentative schedule is as follows:

8:30 AM	Registration
9:00 – 12 interest	Workshops – rotation by interest
12 noon	Lunch – concession available
1 PM	Workshop
2 – 4 PM	Free Ride Vet Checks



To ride outside the arena & barn areas, your project leader must accompany you. Must wear an approved helmet all day if around horses or riding.

Proposed workshops will include reining, gymkhana, showmanship, show ring etiquette, grooming, natural horsemanship, equine first aid, hoof care, saddle fitting, saddling, trailer loading, and much more!

The cost will be \$10 for Tehama County 4-Hers and \$15 for all others. Late entries will be \$5.00 extra. Pre-registration will be due April 20th at the Tehama County 4-H Office. Participants will be able to choose the workshops of their interest. Ask for registration materials at your local 4-H office. Must include a 4-H Medical Release Form and Cottonwood Creek Equestrian Center Liability Release..

For more information, contact the Tehama County 4-H Office at 527-3101.

California State 4-H Updates/Info



2007-2008 4-H State

Ambassador applications are now available online. 4-H State

Ambassadors are selected to represent the California 4-H Youth Development Program, plan the State Leadership Conference, and complete a service project. Applications are due **March 31, 2007**. More information is available at: <http://ca4h.org/leadership/ambassador/>.

A training workshop for **4-H Shooting Sports, Shotgun Discipline** will be held in Palo Cedro in Shasta County on Saturday, March 24, 2007, from 10:00 a.m. – 4:00 p.m. and Sunday, March 25, 2007, from 9:00 a.m. – 1:00 p.m. for adults, 21 years of age or older, interested in becoming a 4-H shooting sports leader. There is a registration fee of \$20.00/person.. The registration form can be downloaded at: <http://ca4h.org/projresource/shootingsports/index.asp>. For more information contact the Shasta County Extension Office at (530) 224-4900 or email: pdweliver@ucdavis.edu. Registration deadline is: **March 9, 2007**

All **California 4-H shooting sports leaders** are invited to attend a state meeting to be held on **Saturday, April 14, 2007** from 10:00 a.m. – 8:00 p.m. and **Sunday, April 15, 2007** from 8:30 a.m. – 12:00 noon in Visalia, CA. The meeting will be held at the shooting facilities of the Tulare County Trap Club, the Visalia Police Pistol Range, and the Visalia Sportsmen's Association Dale Wimp Rifle Range. There is no fee to attend. There will be presentations regarding the project, guest speakers, and hands-on activities for all participants. For more information contact John Borba at: jaborba@ucdavis.edu.

For Youth: Statewide 4-H College Scholarship applications are now available. High school seniors and college students are eligible to apply. Scholarships are available in various categories and award amounts. Applications are available at <http://ca4h.org/4hresource/ir/index.asp>. Deadline: **April 30, 2007**.

4-H youth are invited to apply for board membership with **The California 4-H Foundation's Board of Directors**. This volunteer board, comprised of both adults and youth, assists with statewide fundraising efforts and events; helps build partnerships with corporations, foundations and individuals; promotes the California 4-H Youth Development Program with personal and business associates; and attends annual meetings. Youth board application deadline is **April 30, 2007**. The application and further information are online at: <http://ca4h.org/foundation/index.asp>.

The **State 4-H Horse Classic** will be held July 18-22, 2007, at the Murieta Equestrian Complex near Sacramento. The educational events (hippology, horse judging, horse bowl, demonstrations & public speaking) and the horse show classes (English, Western and Gymkhana) will be offered. More information about the classes, rules, and entry due dates will be available in early April at the official web site: <http://ca4h.org/council/horse/>. **NEW for 2007:** The California 4-H Equine Education Advisory Committee recently ruled that 4-Hers do not need to qualify to participate in the Horse Classic horse show classes. Counties are still encouraged to sponsor local horse shows so participants will have the opportunity to practice, receive feedback, and improve their skills before the state event.

The Collegiate 4-H Club at UC Davis is pleased to present "**4-H You See Davis Days**" for high school students on April 12-14, 2007. This three day, activity-filled event is an opportunity for participants to experience college life at U.C. Davis. Registration forms are due **March 15, 2007** and may be found at: <http://clubs.ca4h.org/collegiate4h/ucd/ysddays.htm>

For Youth, Adults, and Groups: The **2007 Golden Clover Awards** are awarded in recognition for outstanding achievement and recognize 4-H members, volunteers, and groups in various categories. Nominate someone or nominate yourself! Award applications are available at: <http://ca4h.org/4hresource/ir/goldenclover/index.asp> and are due **August 31, 2007**.

The 4-H State Ambassador team is recruiting **educational session proposals** for the **2007 4-H State Leadership Conference** being held August 2 - 5, 2007 at UC Davis. This year's theme "4-H Wants YOUth: Laughing, Learning, Living and Loving" conveys the multi-faceted aspect of 4-H programming. More information is available at <http://ca4h.org/conference/slc/>. Workshop proposals are due **March 2, 2007** to the State 4-H Office.

**Siskiyou County Presentation Day Parent/Teen/Leader
HELPER**

Form

Name _____ Club _____

Category where you would like to help: (check spaces)

___ JUDGE - Adults and 4-H'ers 9th grade and above who have received a gold at regional

___ ROOM COORDINATOR - Must be 9th grade or above

___ OPERATIONS ASSISTANT -Setup, registration, clean up

___ TABULATION

We need three (3) adult and/or teen judges and one (1) Room Coordinator for each room. Use this opportunity to become a better leader and coach for presentations in the future. We will begin orientation at 9:30 and reduce or increase the number of rooms depending on the number of judges we have at that time.

Please return forms to the 4-H Office by March 2nd.

I appreciate your help in advance—Thank you.

Siskiyou County Presentation Day Registration Form-Due March 2nd

CATEGORY: Please check one

___ Speech, Impromptu

___ Demonstration, individual

___ Educational Display

___ Demonstration, team

___ Video Presentation/Power Point

___ Speech, Prepared

___ Share The Fun

___ Interpretive Reading

___ Illustrated Talk

Name _____ Age _____ Grade _____ Club _____

Name _____ Age _____ Grade _____ Club _____

(Team member)

Number of members in skit: _____

Title (be creative) _____

Is a live animal a part of the presentation? (circle your answer) YES NO

Is there anything special about the room setup for your presentation or skit that we need to know?

HOME ECONOMICS FIELD DAY



WHEN: April 14, 2007
WHERE: Siskiyou Golden Fairgrounds, Winema Hall
EVENT SCHEDULE: 9:00-9:15am Registration/Welcome
9:15-11:30am Workshops and Judging of Entries
10:00-12:00pm BBQ/Skillet Meal Competition and Judging
12:00-12:15pm Presentation of Awards
12:15pm Lunch (Potluck-Bring a Dish to Share)

ENTRY FORM FOR YOUTH OR ADULT

Entry forms must be turned into the 4-H office no later than **5:00pm on April 6, 2007**. At the event, all entries should be accompanied by the recipe used and exhibitors should be prepared to tell the judges about the nutritional value of their entry or the process used in making decorated cakes or food items. *Volunteer Leaders may enter bread, salad, or an appetizer/finger food. Special awards will be available and entries will be shared for potluck.

4-H exhibitors can either enter sewing items in Youth Arts Festival, OR in the in the Home Ec. Field Day. **The same item cannot be entered in both events.**

Name: _____ Age: _____

4-H Club: _____ Grade: _____

Please mark an X next to categories you would like to enter:

***Appetizers/Finger foods** (Open to youth and adults.)

***Bread** (Open to youth and adults.)

***Salad** (Open to youth and adults.)

Dessert-in-a-jar (Must include dessert ingredients in jar, recipe and pre-made sample for judging.)

Decorated Cake (Remember you should try to incorporate the theme, *Healthy Choices*.)

Other Decorated Foods

Theme Basket-Cooking (Must include at least one homemade food item.)

Table Setting (Decorations should show a theme of your choice. Members need to furnish their own card table. All tables need to be set for one, dishes for main course only, glass for all courses and silver for all courses except dessert. Menu with theme must be furnished for display on the table. This information may be submitted on a card neatly lettered or typed.)

Siskiyou CattleWomen BBQ Competition (Bring your favorite BBQ beef recipe and put your cooking talents to the test. Contestants need to provide their own BBQ –charcoal or gas. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the recipe as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

Siskiyou CattleWomen Skillet Meal Competition (Bring your favorite beef electric skillet meal recipe and put your cooking talents to the test. Contestants need to provide their own electric skillet and extension cord. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the meal as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

BBQ Competition (Bring your favorite BBQ recipe (non beef) and put your cooking talents to the test. Contestants need to provide their own BBQ –charcoal or gas. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the recipe as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

Skillet Meal Competition (Bring your favorite electric skillet meal recipe (non-beef) and put your cooking talents to the test. Contestants need to provide their own electric skillet and extension cord. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the meal as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

No Sew-Handmade items/Novice 1st year clothing project members (all ages)

No Sew-Handmade/All other participants

Non-wearable sewn item

Quilts

Theme Basket-Sewing (Must include at least one homemade sewn item.)

Youth Arts Festival Registration Form

Exhibits accepted on April 13th (only 3pm-6pm)

Exhibits open for review on April 14th (11am-3pm)

Workshops begin April 14th (11:30am-3pm)

NAME: _____

SCHOOL: _____ AGE: _____ GRADE: _____

4-H CLUB (IF ENROLLED ONLY): _____

Please fill in the Division and Class number along with a description of the item. 4-H members may enter items in the 4-H category by checking the box indicated. All other entries should be indicated by checking the school category.

*****LIMIT OF 2 ITEMS PER EXHIBITOR, PER DIVISION*****

DIVISION	CLASS	DESCRIPTION	SCHOOL	4-H CLUB (IF ENROLLED)

Exhibitor Signature _____

Teacher/Parent or Guardian Signature _____

Please have entry form completed when you deliver exhibits to Fairgrounds.

Exhibits will only be accepted on April 13th from 3-6pm unless previous arrangements have been made with Jacki Zediker at 842-2711.

Please make copies of entry form as needed.

Youth Arts Festival

Sponsored by Siskiyou County 4-H

Open to all Siskiyou County Youth grades Kindergarten thru 12th grade!

****4-H exhibitors only**:**

You can either enter sewing items in divisions 5 or 7 of the Youth Arts Festival, or in Home Ec Field Day, NOT both!

Exhibits accepted on April 13th (only 3pm-6pm)

Exhibits open for review on April 14th (11am-3pm)

People's Choice Awards: During the viewing of exhibits, the public will be able to purchase \$0.75 ribbons to place on exhibits of their choice. Ribbons will be given to the exhibitor.

Workshops begin April 14th (11:30am-3pm)

Exhibits MUST be picked-up between 3pm-4pm on Saturday, April 14th.

DIVISION	GRADES K-3	GRADES 4-6	GRADES 7-9	GRADES 10-12
Division 1 PAINTINGS (watercolor, acrylic)	CLASS 1	CLASS 2	CLASS 3	CLASS 4
Division 2 DRAWINGS (charcoal, pencil)	CLASS 5	CLASS 6	CLASS 7	CLASS 8
Division 3 PHOTOGRAPHY (color)	CLASS 9	CLASS 10	CLASS 11	CLASS 12
Division 4 PHOTOGRAPHY (black and white)	CLASS 13	CLASS 14	CLASS 15	CLASS 16
Division 5 NON-WEARABLE SEWING ITEM	CLASS 17	CLASS 18	CLASS 19	CLASS 20
Division 6 SEWING (garments)	CLASS 21	CLASS 22	CLASS 23	CLASS 24
Division 7 KNITTED OR CROCHETED	CLASS 25	CLASS 26	CLASS 27	CLASS 28
Division 8 WOODWORKING	CLASS 29	CLASS 30	CLASS 31	CLASS 32
Division 9 OTHER CRAFTS	CLASS 33	CLASS 34	CLASS 35	CLASS 36

For more information contact the 4-H Office, at 842-2711.

7th Annual County-wide 4-H Archery Shoot

Saturday, April 28th

Siskiyou Bowman Range

(Directions available upon request)

Entries due by April 23rd to the 4-H Office, 1655 S. Main Street, Yreka, CA 96097. Entry Fee \$6.00. Late registration fee is \$10.00. Checks should be made payable to Siskiyou County Leaders Council.

This event is sponsored by River Valley 4-H.

SCHEDULE OF EVENTS

(If you need help with equipment or need to borrow equipment please make sure to arrive by 9:00AM)

9:00AM Registration
9:15AM Safety Orientation (required)
9:30AM Shoot Begins

DIVISIONS

(1-4 Standard shooting with marked yardage. Two arrows per target.)

(Age as of January 1st)

1. Nervous/Novice Anyone's first or second Bow shoot
2. 9-10
3. 11-13
4. 14-19
5. Numbered Card Shoot—Regular poker cards will be placed on target-marked yardage-3 arrows highest score wins-Face cards worth 10 pts, Aces worth 1 pt.
6. Moving Target-3 arrows only on a moving target
7. Long Distance Shoot-Unmarked yardage
8. Balloon Shoot-marked yardage-3 arrows. Each balloon is colored and valued as follows- White=20, Red=10, Blue=5. Also some balloons have slips of paper with added points on them. This division takes luck and talent.
9. Unmarked Yardage- No shooting-Judge 2 markers for distance in terms of yards. No walking on course, no talking, no visual aids or equipment.
10. Name That Archery Stuff-Study and Practice-You will have 5 minutes to fill out the test. Copies of the ABC's of Archery are available at the 4-H Office.
11. 8 Steps to Proper Form- (ABC's of Archery) There will be a demonstration on proper form after the safety meeting on the day of the shoot. Each step will be given a rating of 1-10 pts.

Participation certificates will be presented to all participants. Ribbons to 6th place. Division Winner awards available.

7th Annual County-Wide Archery Shoot
Saturday, April 28th
Registration Form
(Lunch provided with registration fee.)

Entries due by April 23rd to the 4-H Office, 1655 S. Main Street, Yreka, CA 96097. Entry Fee \$6.00. Late registration fee is \$10.00. Checks should be made payable to Siskiyou County Leaders Council.

Name _____ Phone _____

Age _____ Years in 4-H _____ Years in Archery _____

Address _____ 4-H Club _____

Please Circle the Divisions you are entering. (Age as of January 1st.)

1. Nervous/Novice
2. Ages 9-10
3. Ages 11-13
4. Ages 14-19

Divisions 5-11 open to all ages.

5. Numbered Card Shoot
6. Moving Target
7. Long Distance
8. Balloon Shoot
9. Unmarked Yardage
10. Name that Archery Stuff
11. Shooting Form

Medical Treatment forms are required for all entrants for safety precautions. Siskiyou Bowmen & Field Archer Waiver and Release of Liability must be signed to participate in the event. Waiver & Medical Treatment forms can be picked up at the 4-H Office.



Siskiyou County 4-H Calendar of Events

May

- 5 Fashion Revue
- 5-6 4-H Horse Show
- 26 State Field Day
(State Presentation Day & Fashion Revue)

June

- 12 Leader's Council Mtg 7pm
 - 15-17 4-H Camp
 - 22-26 Cal Focus
- July**
- 14 Pre-Fair

August

- 2-5 State Leadership Conference
- 5 4-H Horse Show (Fair Show)
- 8-12 Siskiyou Golden Fair

September

- 6-9 Tulelake Butte Valley Fair
- 20 County Competition Record Books

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4-H WAY

This is your copy of the Siskiyou County 4-H Way. It is published to promote 4-H activities and participation. Your comments are invited.

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DATED MATERIAL