

4-H



WAY

Cooperative Extension, 1655 S. Main  
Yreka, CA 96097

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<http://cesiskiyou.ucdavis.edu>



**March**

- 5 Siskiyou Golden Fair Seminar & Quality Assurance
- 7 County Presentation Day-Scott Valley Jr. High
- 10 Leaders Council Mtg.-7pm 4-H Office

**April**

- TBA Archery Shoot
- 1 4-H Scholarship Deadline
- 4 Fashion Revue
- 4 Youth Arts Festival
- 4 Home Ec. Field Day
- 4 Sectional Presentation Day
- 18 Horse Driving Clinic
- 19 Hi 4-H Senior Citizen Ball
- 25 ATV Safety Day

**May**

- 9-10 Spring Horse Show
- 30 State Field Day (Fashion Revue, Presentation Day, etc.)

**June**

- 19-21 4-H Camp
- 26-30 California Focus

**County Presentation Day  
March 7<sup>th</sup>  
Scott Valley Jr. High**



**Schedule**

- 9:30am Judges and Room Monitor Orientation
- 9:45am Welcome/Skits
- 10:00am Presentations (awards presented in rooms)

Registration materials are available in this copy of the 4-H Way. If you need information about creating a presentation or what is required for competition in a specific presentation category visit the following link at:

<http://ca4h.org/leadership/spd/4HPresentationManual-3.doc>

**Driving Field Day**



The Strawberry Valley 4-H Horse project in conjunction with the Southern Oregon Carriage Club will be sponsoring a free driving clinic. The Clinic will be on April 18, 2009 at the Siskiyou Golden Fairgrounds. Space is limited so you must pre-register. Forms were available in the February 4-H Way or you can email Jane Piereth at [jpiereth@aol.com](mailto:jpiereth@aol.com) (Parents and adult leaders are welcome to attend, but hands on activities will be for 4-H participants) Free Pizza Lunch for anyone registered 30 days in advance!

Times:

- 8:30am Registration
- 9-11:45 Three 45 min Workshops: Driving Video, Harnessing and Safety Workshop and Ground Driving Demonstration
- 11:45-1 Lunch
- 1-3pm Demo of cones driving  
Participants go for carriage rides  
Participants get a chance to drive a horse or pony(s) \*Must bring your own SEI ASTM helmet

**Personal Development Form  
(Hints)**

Helpful suggestions of events and activities that should be added to your 4-H record book on a monthly basis.

<u>Event/Skill/Award</u>	<u>Number on PDR</u>
Basketball, Cheerleading, Ski Club	8
CSU, Chico Swine or Sheep Day	3
SET Training-Red Bluff	3

## How to get to Auction the Right Way

The Siskiyou Golden Fair once again brings you How to get to the Auction the Right Way, Thursday, March 5 2009 at 6:00 p.m. The Seminar will be in Winema Hall. Frank Ward from Cargill will again be on hand to present valuable information about proper animal care, handling and feeding. Fair Staff and the Livestock Superintendent will present important rule changes and events for the 2009 year! The Junior Fair Board will have a concession stand available for your dinner and snacking needs! This seminar counts as **QUALITY ASSURANCE!!** For more information please call the fair office: 842-2767.

## Scholarship Availability

The Siskiyou County 4-H Leader's Council is offering three educational scholarships for members who will be graduating during the current school year from a public, private or home school in Siskiyou County. Applicants must be a current Siskiyou County 4-H member with at least 3 years in the program and must have plans to continue their education either at a college or vocational/trade school. Application deadline is **April 1<sup>st</sup>**. All eligible members should receive an application in the mail. Please contact the 4-H Office if you need further information.

## Range Camp

Mark your calendars! May 8<sup>th</sup> is this year's application deadline for "Range Camp." Range Camp is a week-long event that immerses students ages 15-18 in science and management topics related to the use and conservation of rangelands, forests and riparian areas in California, conducted by the California-Pacific section of the

Society for Range Management. Students learn plant identification, as well as principles of livestock and wildlife management, forestry, fire ecology, hydrology and water quality, geology and soils, and management of stream and river habitats. Field activities include learning wildlife tracking methods, outdoor navigation using maps & compass and GPS, and participating in a tour of a working ranch. Sessions are led by faculty from the University of California, members of ranching families, staff from state and federal agencies, and private range management professionals.

The 25<sup>th</sup> annual Range Camp runs from June 15<sup>th</sup>-20<sup>th</sup> at the University of California's Elkus Youth Ranch just south of Half Moon Bay. Application forms and more information are available at [www.casrm.org](http://www.casrm.org). Click on the Range Camp link on the left hand side.

Interested students, teachers and parents can contact either the camp director, Marc Horney, at (530) 842-6123 x136; [marc.horney@ca.usda.gov](mailto:marc.horney@ca.usda.gov) for more information.

**\*\*\* 2009 Range Camp \*\*\***


25<sup>th</sup> ANNUAL RANGE AND NATURAL RESOURCES CAMP  
JUNE 21-26, 2009  
ELKUS YOUTH RANCH - HALF MOON BAY, CA

**Presented by: California-Pacific Section of the  
Society for Range Management**

Where students 15-18 years old can discover the science and management of  
our natural resources from experienced professionals and university faculty.

Sessions and Activities include:

Riparian Habitats Rangeland Ecology Wildlife Management Soils Forestry Plant ID Beach BBQ		Recreation Private & Public Lands Watershed Hydrology GPS / GIS Technology Applications Evening Campfires Tour of Working Ranch Team Project Planning Competition
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**Cost: \$350**


**"Top Camper" Contest: Plant ID test, subject matter exam & peer/staff evaluation**  
Top three placing students given opportunity to represent California-Pacific Section, SRM at the Society for Range Management's High School Youth Forum, in Denver, CO\* (Feb. 2010; all expenses paid for top two students) and belt buckles. All campers receive t-shirts and camp completion certificates.  
*\*Must be a current high school student in Feb '10*

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**Sponsored By:**  
California-Pacific Section of the Society for Range Management (SRM)  
U.C. Cooperative Extension  
California Association of Resource Conservation Districts (CARCD)

Host District – San Mateo County RCD  
East Bay Municipal Utility District  
U.S. Navy – Natural Resources Program  
USDA-Natural Resources Conservation Service

**For more information, including help finding financial assistance, contact:**  
Mary Kimball, Northern California..... (530) 795-1520 [mary@landbasedlearning.org](mailto:mary@landbasedlearning.org)  
Cece Dahlstrom, Southern California..... (619) 532-2269 [carol.dahlstrom@navy.mil](mailto:carol.dahlstrom@navy.mil)  
Theresa Becchetti, Central California..... (209) 525-6800 [tbecchetti@ucdavis.edu](mailto:tbecchetti@ucdavis.edu)



Photos, Brochures and Applications are available at [www.rangelands.org/casrm](http://www.rangelands.org/casrm)  
APPLICATIONS DUE MAY 08, 2009

## California State 4-H Updates/Info



Longing to experience other cultures but can't find time or money to travel? Bring the world home by hosting a summer month-long international exchange student through the **California 4-H Youth Development! International** students arrive from Costa Rica, Finland and Japan in **June and July 2009**. Welcome a teenager from another country to be part of your family for 1 month and have the best summer of your life. Information is available at:

<http://www.ca4h.org/exchange/> or by contacting Pat English at 530-754-8520 or [pnenglish@ucdavis.edu](mailto:pnenglish@ucdavis.edu).

High school seniors & college students who were in 4-H during high school are eligible to apply for a **2009 California Statewide 4-H Scholarship for Higher Education**. Scholarships are available in many categories and may help fund educational expenses. Applications are **due postmarked by April 30, 2009**. Information and applications are available at

<http://www.ca4h.org/4hresource/ir/scholarship/>

Nominate a 4-H member, volunteer, group or staff for a **2009 4-H Golden Clover Award!** Awards recognize outstanding 4-H achievement! Recipients receive \$500, a medallion, pin, and statewide recognition. Applications are due by **May 31, 2009**. Information is available at <http://www.ca4h.org/4hresource/ir/goldenclover/>

The Collegiate 4-H Club at UC Davis is pleased to present the **58th annual**

**"4-H You See Davis Days"** for high school students, **April 16-18, 2009**. This three day, activity-filled event is an opportunity for participants to experience safe college life at UC Davis. Registrations are due postmarked by March 16. More information is available at <http://www.ca4h.org/collegiate4h/#ysdd>

The rules and entry forms are now available online for the **State 4-H Horse Classic - Educational Contests**. The event will be held at Reedley College, Reedley, CA (25 miles southeast of Fresno) on **March 28 & 29**. Entries are due March 1st. Late entries will be accepted until March 15th with a \$5.00 late fee.

Go to <http://ca4h.org/projresource/horse/classic.asp> for further information. If you have any questions, please e-mail Jeanne George at [jlgeorge@ucdavis.edu](mailto:jlgeorge@ucdavis.edu) or call 530-527-3101. Hope to see you in March!

Announcing the **2009 Challenge category for State Fashion Revue** - Simplicity Apron pattern #9565. This pattern is unisex and is suitable for beginners to advanced. Start with this pattern and change it to suit your needs. Do you plan to wear it to barbecue, while painting or for animal grooming? Personalize your apron to fit, add trims or appliques and experiment with fabrics and details. Make or purchase an outfit to coordinate with your apron. **State Fashion Revue will be May 30**, as part of State Field Day on the UC Davis campus. Contact your county office for entry information for county and state fashion revues. The committee has openings for teens and adults to promote and organize State 4-H Fashion Revue. No sewing experience is required to be on the committee! If you are interested, please contact Sue Moore at [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu) or Kylie Deal at [dmtigers06@yahoo.com](mailto:dmtigers06@yahoo.com).

### **Grenada 4-H Report** by Cassie Day

The Grenada 4-H food preservation unit, led by Leann Meigs, met on February 16, 2009. We made different kinds of applesauce. For example some made cinnamon, crunchy, or saffron. We also made jelly called Double Berry Apple. Our group learned how to heat the jars and lids so they seal properly and are sterilized. You always want to store the canned goods in a dark, dry cool place. Once you open them they must be refrigerated.



# **ATV Safety Day**

**April 25, 2009  
9am -11am**



**ATV Safety day is a day of fun and learning.  
You will be shown things like what size quad is right for you, where the allowable places are to ride and most importantly the simple things that make ATV riding safe!**

**Spaces are limited so get your entries in soon!**

**Any questions?**

**Harlee McEwen @ 459-5458**

**Or**

**Jacki Zediker @ 842-2711**

**\*\*Location of event will be announced February 15, 2009**

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## **ATV Safety Day Entry Form**

**Name: \_\_\_\_\_ Age: \_\_\_\_\_ Phone: \_\_\_\_\_  
\_\_\_\_\_ Club: \_\_\_\_\_**

**\*Entries must be received in the 4-H office by April 15, 2009**

# HOME ECONOMICS FIELD DAY

## International Flaire!



**WHEN:** April 4, 2009  
**WHERE:** Siskiyou Golden Fairgrounds, Floral Building  
**EVENT SCHEDULE:** 9:00-9:15am Registration/Welcome  
9:15-11:30am Workshops and Judging of Entries  
9:45am-12:00pm BBQ/Skillet Meal Competition and Judging  
12:00-12:15pm Presentation of Awards  
12:15pm Lunch (Potluck-Bring a Dish to Share)

### ENTRY FORM FOR YOUTH OR ADULT

Entry forms must be turned into the 4-H office no later than **5:00pm on March 26, 2009**. At the event, all entries should be accompanied by the recipe used and exhibitors should be prepared to tell the judges about the nutritional value of their entry or the process used in making decorated cakes or food items. \*Volunteer Leaders may enter bread, salad, or an appetizer/finger food. Special awards will be available and entries will be shared for potluck.

Name: \_\_\_\_\_ Age: \_\_\_\_\_

4-H Club: \_\_\_\_\_ Grade: \_\_\_\_\_

Please mark an X next to categories you would like to enter:

\***Appetizers/Finger foods** (Open to youth and adults.)

\***Bread** (Open to youth and adults.)

\***Salad** (Open to youth and adults.)

**Dessert-in-a-jar** (Must include dessert ingredients in jar, recipe and pre-made sample for judging.)

**Soup/Beans in-a-jar** (Must include label of ingredients in jar, recipe and pre made sample for judging.)

**Jerky** (Must include drying instructions and recipe. Jerky should be a sample that fits inside a snack zip-lock type bag.)

**Dried Fruit** (Should be provided as a sample that fits in a snack zip-lock type bag.)

**Jam or Jelly** Circle One (All Jams and Jelly should be entered sealed and in a pint jar.)

**Decorated Foods**

**Theme Basket-Cooking** (Must include at least one homemade food item.)

**Table Setting** (Decorations should show a theme of your choice. Members need to furnish their own card table. All tables need to be set for two, dishes for main course only, glass for all courses and silver for all courses except dessert. Menu with theme must be furnished for display on the table. This information may be submitted on a card neatly lettered or typed.)

**Siskiyou CattleWomen BBQ Competition** (Bring your favorite BBQ beef recipe and put your cooking talents to the test. Contestants need to provide their own BBQ –charcoal or gas. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the recipe as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

**Siskiyou CattleWomen Skillet Meal Competition** (Bring your favorite beef electric skillet meal recipe and put your cooking talents to the test. Contestants need to provide their own electric skillet and extension cord. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the meal as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

**BBQ Competition** (Bring your favorite BBQ recipe (non beef) and put your cooking talents to the test. Contestants need to provide their own BBQ –charcoal or gas. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the recipe as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

**Skillet Meal Competition** (Bring your favorite electric skillet meal recipe (non-beef) and put your cooking talents to the test. Contestants need to provide their own electric skillet and extension cord. Participants will have 45 minutes to prepare their dish. They will be judged on cooking ability and kitchen safety techniques as well as the finished product. Participants should bring all items needed to prepare the meal as well as a tray or plate to serve the finished product with. No portion of the cooking should be done in advance. Vegetables may be cleaned in advance.)

**Theme Basket-Sewing/Needle Art** (Must include at least one homemade sewn or needle art item.)

# Youth Arts Festival Registration Form

Exhibits accepted on April 3rd (only 3pm-6pm)  
 Exhibits open for review on April 4<sup>th</sup> (12:30pm-3pm)  
 Workshops begin April 4<sup>th</sup> (12:30pm-3pm)

NAME: \_\_\_\_\_

SCHOOL: \_\_\_\_\_ AGE: \_\_\_\_\_ GRADE: \_\_\_\_\_

4-H CLUB (IF ENROLLED ONLY): \_\_\_\_\_

Please fill in the Division and Class number along with a description of the item. 4-H members may enter items in the 4-H category by checking the box indicated. All other entries should be indicated by checking the school category.

**\*\*\*LIMIT OF 2 ITEMS PER EXHIBITOR, PER DIVISION\*\*\***

DIVISION	CLASS	DESCRIPTION	SCHOOL	4-H CLUB (IF ENROLLED)

Exhibitor Signature \_\_\_\_\_

Teacher/Parent or Guardian Signature \_\_\_\_\_

Please have entry form completed when you deliver exhibits to Fairgrounds.  
Exhibits will only be accepted on April 3<sup>rd</sup> from 3-6pm unless previous arrangements have been made with  
Jacki Zediker at 842-2711.

Please make copies of entry form as needed.

# Youth Arts Festival

Sponsored by Siskiyou County 4-H

*Open to all Siskiyou County Youth grades Kindergarten thru 12<sup>th</sup> grade!*

**Exhibits accepted on April 3<sup>rd</sup> (only 3pm-6pm)**

**Exhibits open for review on April 4<sup>th</sup> (12:30pm-3pm)**

People's Choice Awards: During the viewing of exhibits, the public will be able to purchase \$0.75 ribbons to place on exhibits of their choice. Ribbons will be given to the exhibitor.

**Workshops begin April 4<sup>th</sup> (12:30pm-3pm)**

**Exhibits MUST be picked-up between 3pm-4pm on Saturday, April 4<sup>th</sup>.**

DIVISION	GRADES K-3	GRADES 4-6	GRADES 7-9	GRADES 10-12
<b>Division 1</b> <b>PAINTINGS (watercolor, acrylic)</b>	<b>CLASS 1</b>	<b>CLASS 2</b>	<b>CLASS 3</b>	<b>CLASS 4</b>
<b>Division 2</b> <b>DRAWINGS (charcoal, pencil)</b>	<b>CLASS 5</b>	<b>CLASS 6</b>	<b>CLASS 7</b>	<b>CLASS 8</b>
<b>Division 3</b> <b>PHOTOGRAPHY (color)</b>	<b>CLASS 9</b>	<b>CLASS 10</b>	<b>CLASS 11</b>	<b>CLASS 12</b>
<b>Division 4</b> <b>PHOTOGRAPHY (black and white)</b>	<b>CLASS 13</b>	<b>CLASS 14</b>	<b>CLASS 15</b>	<b>CLASS 16</b>
<b>Division 5</b> <b>PHOTOGRAPY (sepia)</b>	<b>CLASS 17</b>	<b>CLASS 18</b>	<b>CLASS 19</b>	<b>CLASS 20</b>
<b>Division 6</b> <b>SCRAPBOOKING (8 ½ X 11 or 12X12, should be in page protector.)</b>	<b>CLASS 21</b>	<b>CLASS 22</b>	<b>CLASS 23</b>	<b>CLASS 24</b>
<b>Division 7</b> <b>NON-WEARABLE SEWN ITEM</b>	<b>CLASS 25</b>	<b>CLASS 26</b>	<b>CLASS 27</b>	<b>CLASS 28</b>
<b>Division 8</b> <b>SEWING (garments)</b>	<b>CLASS 29</b>	<b>CLASS 30</b>	<b>CLASS 31</b>	<b>CLASS 32</b>
<b>Division 9</b> <b>KNITTED OR CROCHETED</b>	<b>CLASS 33</b>	<b>CLASS 34</b>	<b>CLASS 35</b>	<b>CLASS 36</b>
<b>Division 10</b> <b>LEGOS CREATION OR LEGOS ROBOTICS</b> <small>(Structure can be no larger than 14x14x14 and must be able to be moved for display)</small>	<b>CLASS 37</b>	<b>CLASS 38</b>	<b>CLASS 39</b>	<b>CLASS 40</b>
<b>Division 11</b> <b>OTHER CRAFTS</b>	<b>CLASS 41</b>	<b>CLASS 42</b>	<b>CLASS 43</b>	<b>CLASS 44</b>

For more information contact the 4-H Office, at 842-2711.

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# 4-H WAY



This is your copy of the Siskiyou County 4-H Way. It is published to promote 4-H activities and participation. Your comments are invited.

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**DATED MATERIAL**