

4-H



WAY

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April

28 4-H Archery Shoot

May

5-6 4-H Horse Show-Siskiyou Golden Fairgrounds

5 Fashion Revue-Montague Community Hall

8 Leader's Council Mtg.-4-H Office, 7pm

12 Rabbit, Cavy Field Day and Show

26 State Field Day-Davis

June

15-17 4-H Camp at Shasta Camp

22-26 Cal Focus (Citizenship Conference)

4-H Horse Show May 5 & May 6

The Spring Fling 4-H Horse Show is scheduled for **May 5th and 6th**. Events begin on Saturday at 10am with the Ranch Horse Class, followed by Trail Class at 11am and Gymkhana classes at 1pm. Sunday events begin at 8am with the Jumping Classes, followed by Showmanship Classes at 9:30am. For more information please contact Robin Wood at 435-2347.



**1st Annual
 Tehama County 4-H Horse Field Day
 Saturday, May 19, 2007**

**Cottonwood Creek Equestrian Center
 Evergreen Road, Cottonwood**

4-H horse leaders and members are invited to attend to gain knowledge and have fun with your horses!



The tentative schedule is as follows:

8:30 am	Registration
9:00am – 12pm	Workshops – rotation by interest
12 pm	Lunch – concession available
1 pm	Workshop
2 – 4 pm	Free Ride & Vet Checks

To ride outside the arena & barn areas, your project leader must accompany you. **You must wear an approved helmet all day if around horses or riding.**

Proposed workshops will include reining, gymkhana, showmanship, show ring etiquette, grooming, natural horsemanship, equine first aid, hoof care, saddle fitting, saddling, trailer loading, and much more!

The cost will be \$10 for Tehama County 4-Hers and \$15 for all others. Late entries will be \$5.00 extra. Pre-registration will be due April 20th at the Tehama County 4-H Office. Participants will be able to choose the workshops of their interest. Ask for registration materials at your local 4-H office. You must include a 4-H Medical Release Form and Cottonwood Creek Equestrian Center Liability Release.

For more information, contact the Tehama County 4-H Office at 527-3101.

Personal Development Form (Hints)

Helpful suggestions of events and activities that should be added to your 4-H record book on a monthly basis.

<u>Event/Skill/Award</u>	<u>Number on PDR</u>
Youth Arts Festival (Exhibited Project)	2
Home Ec. Field Day (Exhibited Project)	2
Youth Arts Festival	3
Home Ec. Field Day	3
Home Ec Field Day	7
(Best of Show or County Winner)	
Youth Arts Festival (Best of Show)	7
Baseball, Softball, Track	8

CA Range & Natural Resources

Camp

The 23rd annual California Range and Natural Resources Camp will be held at Elkus Youth Ranch in Half Moon Bay, **June 17th-22nd**.

Range Camp is designed to introduce young men and women to the extent, importance and value of California's rangeland resources.

Youth ages 15-18 by June 10th are eligible to apply. Applications are due by **May 10, 2007**.

For more information please contact the 4-H Office.

California State 4-H Updates/Info



The **California State Fair** is fast approaching (**August 17th - September 3rd**) and once again The California 4-H Foundation is recruiting 4-H members and leaders to help staff the 4-H booth. This is a great

opportunity for 4-H members and volunteers to share with the public their 4-H experiences, as well as, the wide range of projects and leadership opportunities that are available to youth through participation in the California 4-H Youth Development Program. Small 4-H projects are welcome to accompany you (robots, rabbits, arts/crafts, service dogs, etc.) to give the public a "feel" for what types of projects are available. Examples of community service projects also make for good stories to share with the public. Please feel free to bring photo albums or record books with you to show anyone who may be interested in learning even more about your 4-H project. Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed. Further, each shift must have an adult or older teen in the booth at all times. To sign-up, please visit <http://www.ca4h.org/wrp/statefair/>.

The **2007 State 4-H Field Day** will be held on Saturday, May 26, 2007 at U.C. Davis. Bring the family for this fun day filled with presentations, horticulture, judging, fashion, food, and fun! More information is available at <http://ca4h.org/projresource/fieldday/>. Registration for the State 4-H Presentation Day is being conducted online at <http://ca4h.org/wrp/spd/> (deadline **May 21**). Registration for the **State 4-H Fashion Revue** is due **May 12** with more information at <http://ca4h.org/projresource/fashion/>.

For Youth: Statewide 4-H College Scholarship applications are now available. High school seniors and college students are eligible to apply. Scholarships are available in various categories and award amounts. Applications are available at <http://ca4h.org/4hresource/ir/index.asp>. Deadline: **April 30**, 2007.

4-H youth are invited to apply for board membership with **The California 4-H Foundation's Board of Directors**. This volunteer board, comprised of both adults and youth, assists with statewide fundraising efforts and events; helps build partnerships with corporations, foundations and individuals; promotes the California 4-H Youth Development Program with personal and business associates; and attends annual meetings. Youth board application deadline is **April 30**, 2007. The application and further information are online at: <http://ca4h.org/foundation/index.asp>.

For Youth, Adults, and Groups: The **2007 Golden Clover Awards** are awarded in recognition for outstanding achievement and recognize 4-H members, volunteers, and groups in various categories. Nominate someone or nominate yourself! Award applications are available at: <http://ca4h.org/4hresource/ir/goldenclover/index.asp> and are due **August 31**, 2007.

2007 State 4-H Record Book Judging will take place November 30 - December 2, 2007. Books must be postmarked by **October 31**, 2007 and be limited to the twelve-month period for the 2006-2007 program year. The Record Book form is now available in PDF format with form fields at: <http://ca4h.org/4hresource/ir/recordbook/index.asp>, and members can download the file onto their own computer. Information and additional forms are available at: <http://www.ca4h.org/4hresource/ir/recordbook/competition.asp>, including the "County Check Sheet" that must be filled out by either the County 4-H Staff or a volunteer committee before the book is submitted to State Judging. In addition, the State 4-H Office is **seeking judges** for the state competition. Applications are due **September 30**, 2007.

The publication, **Clover Safe**, will be brought to you each month by ANR's Division of Environmental Health and Safety. These one page documents offer tips and activities for health and safety concerns in different 4-H project areas. New subject areas are continually being added to the listing. These materials are designed to be used at project leader meetings and can be downloaded at: <http://www.ca4h.org/projresource/curriculum/>.

For Youth, Volunteer Leaders, and Staff: The State 4-H Youth Development Program is looking for feedback on the **Youth Protection Guidelines** training and implementation. It has been approximately one year since this policy was implemented. We are interested in learning how you're doing, if you have additional questions, or if anything has been easier or more difficult than you anticipated. The short survey is located at: <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=1890>. Additional questions can be forwarded to: Mignonne Pollard at mypollard@ucdavis.edu. Thank you for your input.

Rabbit & Cavy Field Day

Grenada 4-H will be hosting a Rabbit and Cavy Field Day, **Saturday, May 12th** at the Armory in Yreka. This is a day of fun and learning for any and all youth interested in the rabbit and cavy projects. The day will include a youth judging contest of breeds and meat pens, breed identification, poster contest, and a demonstration corner for kids to present their table top, skit or traditional presentation. Presentations should pertain to some aspect of the rabbit or cavy project. There will also be a double Youth ARBA Rabbit Show. Cavies will be able to participate in a non-sanctioned cavy show. For event information contact Cole Jackson at 436-0366, Harley McEwen at 459-5458, or pick up registration information at the 4-H Office. Event begins at 8am.

Introducing Youth to Veterinarian Careers

Are you interested in becoming a vet? Do you want to know what it takes to be a veterinarian student or what it involves on a day to day basis?

What:

Drs. Paul Palmatier and the Veterinarian Medicine Extension are offering a one day interactive field trip. The day will include a hands-on-lab where 4-H members can view internal organs and skeletons of a diverse array of animals. There will be demonstrations on electrocardiograms as well as interactive demonstrations where you can learn techniques to read X-rays. The day also will include a tour of the state of the art facilities which are used to treat animals ranging from kittens to horses.

Where:

This event is to be hosted by the UC Davis School of Medicine's Vet Student Outreach Club and will be held on Campus on **May 12th**.

Requirements:

4-H members 12 years of age through high school are invited to attend. No prior knowledge is needed.

For More Information Contact:

Amelia Clyatt, Strawberry Valley 4-H, 926-3620

4-H Wants YOUTH: Laughing, Living, Learning, and Loving!

Attend the 4-H State Leadership Conference!

The 2006-2007 California 4-H State Ambassador Team would like to invite you to attend the 2007 State 4-H Leadership Conference being held **August 2-5, 2007** at UC Davis. This four-day leadership conference is open to high school-aged 4-Her's and is an excellent opportunity to meet fellow 4-H members from across the state.



The conference will feature keynote speakers, educational tracks and workshops, and lots of fun! This year's keynote speakers include teacher, counselor, author, and speaker Toody Byrd, self-help guru Josh Shipp, past Siskiyou County All-Star Janet Elsea and, continuing a tradition started at last year's conference, the 4-H State Ambassador Team. Tracks and workshops will range in topics from digital video editing and team building activities, to animal science and leadership skills. Evening events will include a relaxing night of games and team building activities on the first night and a luau Friday night. On the final night of the conference there will be a formal dance under the stars to wrap things up nicely.

Registration is due to your county 4-H office by June 22, 2007, so there is still plenty of time for fundraisers. The registration fee of \$380 covers food in the all-you-can-eat, top-of-the-line UCD Segundo Dining Commons and a four night stay in the high-rise Segundo Residence Halls.

Registration forms are available at <http://ca4h.org/conference/slc/>

We hope to see you there!
2006-2007 California 4-H State Ambassador Team



Youth Arts Festival Workshops

4-H Camp at Shasta Camp

This is the fifth year for the Siskiyou County 4-H Program to offer a camp for 4-H members. Camp activities are built around fun teambuilding and leadership activities. Don't miss out on three days of fun!! This year's camp theme is "The Amazing Race: 4-H Edition".

Campers: All 4-H members are eligible to attend. However, primary member participation requires a club chaperone. Campers are to arrive on Friday, June 15th and be picked up on Sunday, June 17th. Campers may arrive between 4 pm and 7 pm on Friday and must be picked up between 12:00 noon and 1 pm on Sunday.

Cost: Camp fee is \$55.00 per camper. No applications accepted after **Friday, June 1st**. The fee covers the cost of meals, snacks, and camp facilities. All 4-H'ers that apply will be sent more information, a map and instructions in June. If you have any questions, please call the 4-H Office at 842-2711. Space is limited in the dorm. Some campers may be staying in tents.

Mandatory Equipment: All campers are required to provide their own bedding.

Name _____ Boy _____ Girl _____ Age _____

Address _____ City _____ Zip _____

Telephone # (HOME) _____ (WORK) _____

4-H Club _____ School Grade in September _____

Parent(s)/Guardian(s) Names _____

In case of emergency if unable to contact parent:

Name _____ Relationship _____

Telephone # _____

Camp T-shirt is \$8.00 extra. If you would like a T-shirt please circle the size you would like and include \$8.00 in the cost of the camp fees.

T-shirt size (circle one) Small Medium Large Xlarge XXlarge (2.00extra)
(Adult Sizes)

This registration form, one medical consent form (request from 4-H office), and fees are due to the 4-H office, 1655 South Main Street, Yreka, CA 96097 by 5:00 PM, June 1, 2007. No late payments will be accepted.

Camp Fee \$55.00

Amount enclosed \$ _____ Check # _____ or Cash _____

Please be sure to add \$8.00 to camp fee if you are ordering a T-shirt.

Our signatures indicate that we have read and understand the Code of Conduct, and the consequences of any violations.

Signature of Parent or Guardian

Date _____

Camper Signature

Date _____

4-H Camp Code of Conduct

This Code of Conduct has been established to create a positive educational experience for all campers and adult staff. In order to provide the best camp program possible, it is necessary that all participants are aware of and agree to abide by the rules and the consequences for not abiding by these rules. Rules are as follows:

1. All meals and snacks are provided; if you bring snacks they will be kept in the kitchen and made available to all campers.
2. No running in camp unless during an organized activity.
3. You must wear closed-toe shoes. It is OK to wear sandals to and from showers; no bare feet at any time.
4. Sleeping areas must be kept neat and free of litter.
5. Campers are not to leave campgrounds. Camp boundaries will be posted and exceptions will be on a case by case examination of the need.
6. Campers must be in their beds by 11pm.
7. All prescription and over the counter drugs must be given to the camp medical staff upon arrival at camp.
8. Do not touch other campers' belongings; this means no raiding or trashing of bunks.
9. Disrespectful, abusive language will not be a part of camp (no profanity, racial slurs, or putdowns).
10. Do not damage or deface camp facilities or property. No writing or carving of the buildings, tables, benches or trees.
11. Label all personal items with name; 4-H is not responsible for lost items.
12. Rudeness, lack of courtesy, cheating and disrespect for authority will not be tolerated.
13. Threatening physical abuse is not an acceptable behavior.
14. Be on time and ready to participate. All campers must attend all camp activities and meals unless, special permission is given by camp director.
15. If ill, report to the camp medical staff.
16. Be a positive team member of your group.

The following items and activities are not allowed at camp. Campers and adult staff having or doing such will be sent home immediately, at their own expense.

- A. Possession of alcoholic beverages, knives, firearms, fireworks, illegal drugs, matches, candles and/or tobacco.
- B. Gambling or betting with money, excessive displays of affection, fighting, threatening physical abuse, stealing, tampering with emergency equipment and being under the influence of drugs or alcohol are not acceptable behaviors.
- C. Campers may NOT be out of their bunks (without the permission of an adult) 30 minutes after lights out.

CONSEQUENCES: The following actions will be taken if a camper or staff member does not abide by the rules.

- Step 1: First infraction-Discuss the inappropriate behavior with a staff member and clarify the rule.
- Step 2: Second infraction-Discuss the inappropriate behavior with camp director and camper will be given a task for up to 30 minutes related to the infraction.
- Step 3: Third infraction or infraction of **rules A, B, or C** -Camp director or 4-H staff will request parent to pick up camper to be taken home at camper's expense and camp fee will not be refunded. Adult staff members will be requested to leave camp immediately.

Additional consequences may be barring the individual from future 4-H activities, assessing the cost of damages and repairs in the event of destruction of property, releasing the individual to the nearest law enforcement agency, and/or termination of 4-H membership. Parents will be notified of any further action taken.

7th Annual County-wide 4-H Archery Shoot

Saturday, April 28th

Siskiyou Bowman Range

(Directions available upon request)

Entries due by April 23rd to the 4-H Office, 1655 S. Main Street, Yreka, CA 96097. Entry Fee \$6.00. Late registration fee is \$10.00. Checks should be made payable to Siskiyou County Leaders Council.

This event is sponsored by River Valley 4-H.

SCHEDULE OF EVENTS

(If you need help with equipment or need to borrow equipment please make sure to arrive by 9:00AM)

9:00AM Registration
9:15AM Safety Orientation (required)
9:30AM Shoot Begins

DIVISIONS

(1-4 Standard shooting with marked yardage. Two arrows per target.)

(Age as of January 1st)

1. Nervous/Novice Anyone's first or second Bow shoot
2. 9-10
3. 11-13
4. 14-19
5. Numbered Card Shoot—Regular poker cards will be placed on target-marked yardage-3 arrows highest score wins-Face cards worth 10 pts, Aces worth 1 pt.
6. Moving Target-3 arrows only on a moving target
7. Long Distance Shoot-Unmarked yardage
8. Balloon Shoot-marked yardage-3 arrows. Each balloon is colored and valued as follows- White=20, Red=10, Blue=5. Also some balloons have slips of paper with added points on them. This division takes luck and talent.
9. Unmarked Yardage- No shooting-Judge 2 markers for distance in terms of yards. No walking on course, no talking, no visual aids or equipment.
10. Name That Archery Stuff-Study and Practice-You will have 5 minutes to fill out the test. Copies of the ABC's of Archery are available at the 4-H Office.
11. 8 Steps to Proper Form- (ABC's of Archery) There will be a demonstration on proper form after the safety meeting on the day of the shoot. Each step will be given a rating of 1-10 pts.

Participation certificates will be presented to all participants. Ribbons to 6th place. Division Winner awards available.

7th Annual County-Wide Archery Shoot
Saturday, April 28th
Registration Form
(Lunch provided with registration fee.)

Entries due by April 23rd to the 4-H Office, 1655 S. Main Street, Yreka, CA 96097. Entry Fee \$6.00. Late registration fee is \$10.00. Checks should be made payable to Siskiyou County Leaders Council.

Name _____ Phone _____

Age _____ Years in 4-H _____ Years in Archery _____

Address _____ 4-H Club _____

Please Circle the Divisions you are entering. (Age as of January 1st.)

1. Nervous/Novice
2. Ages 9-10
3. Ages 11-13
4. Ages 14-19

Divisions 5-11 open to all ages.

5. Numbered Card Shoot
6. Moving Target
7. Long Distance
8. Balloon Shoot
9. Unmarked Yardage
10. Name that Archery Stuff
11. Shooting Form

Medical Treatment forms are required for all entrants for safety precautions. Siskiyou Bowmen & Field Archer Waiver and Release of Liability must be signed to participate in the event. Waiver & Medical Treatment forms can be picked up at the 4-H Office.



Siskiyou County 4-H Calendar of Events

July
14 Pre-Fair

August
2-5 State Leadership Conference
5 4-H Horse Show (Fair Show)
8-12 Siskiyou Golden Fair

September
6-9 Tulelake Butte Valley Fair
20 County Competition Record Books

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4-H WAY

This is your copy of the Siskiyou County 4-H Way. It is published to promote 4-H activities and participation. Your comments are invited.

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DATED MATERIAL