

4-H



WAY

Cooperative Extension, 1655 S. Main  
Yreka, CA 96097

530-842-2711

<http://cesiskiyou.ucdavis.edu>

## Calendar 2006

### October

- 1-7 National 4-H Week
- 2 Hi-4-H Meeting, 5:30pm 4-H Office
- 9 Horse Leader's Meeting
- 13-15 WHY Conference
- 28 Achievement Night
- 29 Halloween Horse Show

### November

- 7 Leader Orientation
- 10 4-H Office Closed
- 17-19 State Leaders Forum
- 23-24 4-H Office Closed
- 25 Holiday Parade-Yreka

### Personal Development Form (Hints)

Helpful suggestions of events and activities that should be added to your 4-H record book on a monthly basis.

<u>Event</u>	<u>Letter on PDR</u>
Tulelake-Butte Valley Fair	U
Siskiyou Golden Fair (Project exhibit)	P
Livestock Judging Contest(Judged)	G
Runner, Server (Auction)	I
Clean Pen/Ed. Display Winner	X
Showmanship/Best of Show Winner	W
Herdsmanship Winner	X
Project (showed)	Z

### Volunteer Leader Orientation

The 4-H Youth Development Program of the University of California is committed to providing a safe environment for young people involved in Cooperative Extension activities. Through standardized procedures for the appointment of volunteers, appropriate screening, selection and placement is conducted for volunteers in the 4-H Youth Development Program. New leaders **MUST** complete an enrollment form, pay fees to a community club, be live scan fingerprinted through the Siskiyou County Sheriff's Department, along with attending leader orientation. Only certified 4-H volunteer leaders, whose prints have cleared, are covered under the University of California liability insurance. Leader orientation will be **November 7<sup>th</sup> at 6:30pm at the 4-H Office.**

### National 4-H Week, October 1<sup>st</sup>-7<sup>th</sup>

This is a great chance for your club to recruit new members and inform the public about 4-H opportunities. Be creative; the opportunities are limitless. Create window displays for local businesses, hang posters at your schools, have members create radio public service announcements, or visit classrooms for individual presentations. Don't forget to have signs showing locations, times and contact information for 4-H meetings in your area.

### Halloween "Spooktacular" Horse Show

Make arrangements now to attend the annual 4-H Halloween "Spooktacular" Horse Show on **October 29<sup>th</sup>**, at the Siskiyou Golden Fairgrounds. This event is being planned and promoted by Sara Cabitto, Gazelle 4-H as a part of her 2006-2007 All-Star project. There will be Jumping, English, Western, Gymkhana, and fun game classes. Don't forget to plan for the costume contest. (Non-violent costumes please!) Entry forms will be available in the next week and will be mailed to all horse project members.

### 4-H Achievement Night

The Siskiyou County 4-H Leader's Council would like to invite you to attend the 4-H Achievement Night on **October 28<sup>th</sup> at 5:30pm** at the Gazelle Grange Hall. This is a community event that highlights the honors received by members and leaders throughout Siskiyou County. In addition, families are encouraged to bring desserts for a live and silent auction. (Please cover all desserts and label them with the ingredients that were used) No dessert will be sold for more than \$25 during the live auction. All proceeds will go towards awards and events for the 2006-2007 4-H year. A Spaghetti Dinner will be served starting a 5:30pm followed by the dessert auction and the annual awards & honors. Dinner cost is \$5.00 per person or \$20 per family. Remember this event is open to the community. Invite a few guests.

## Officers Training

Officers Training will be held on November 4<sup>th</sup> at 10am at the Yreka Methodist Church. Training will be available for presidents, vice presidents, secretaries, treasurers, historians, reporters, song and game leaders and sergeant-at-arms. Information will be presented and available for the officers to take home. Attendance at this event is for the benefit of your club. Please make arrangements to attend and receive information to improve your role as a club officer.

## 4-H Annual Calendar

The Siskiyou County Leader's Council is working on an updated listing of Siskiyou County 4-H events for the 2006-2007 4-H year. If you would like to have your event included please contact the 4-H Office. The Calendar will be posted in the November issue of the 4-H Way. Each club will volunteer or be assigned to a county event that they will help plan and host during the program year.

## Holiday Parade

Dave Athens has once again offered to help organize a Siskiyou County 4-H parade float for the Yreka Holiday Parade on **November 25<sup>th</sup>**. Dave would like to have members from all clubs participate in the parade. If you would like to help design the float or participate in the parade please contact the 4-H office as soon as possible. Please don't let this opportunity pass without Siskiyou County 4-H being represented.

## Hi-4-H Meeting

Are you a 4-H member that is in the 8<sup>th</sup> grade or high school? Do you want an opportunity to participate in fun activities with youth your own age? Hi-4-H could be just what your looking for. The first meeting of the Hi-4-H program will be held on October 2<sup>nd</sup> at 5:30 at the 4-H Office. Officer elections will be held and annual events will be scheduled. Members will have an opportunity to discuss and plan for state travel opportunities. We hope to see you at the meeting.

## Washington Focus Program

The Washington Focus Program will help you better understand how your individual actions can make a difference in our world. This unique program, in the Washington, D.C. area, combines visits to historical and cultural attractions with participation in educational workshops and simulations. During your stay, you'll have an opportunity to meet face-to-face with legislators, discuss contemporary issues, and learn how proposals are funded and public policy is administered. Information packets are available at the county 4-H Office. Registration deadline is **November 6, 2006**. Multiple trip options are available:

**Washington Focus #1** - Road to Democracy June 23-July 2, 2007 (10 day trip to Jamestown, Yorktown, Williamsburg, Gettysburg and Washington, D.C.)

**Heritage Trail I** June 23-30, 2007 (8 days, Gettysburg, Washington, D.C.)

**Washington Focus #2** - Global Journey July 14-25, 2007 (12 days-Gettysburg, Washington, D.C., Philadelphia, and New York)

**Heritage Trail II** July 14-21, 2007 (8 days, Gettysburg, Washington, D.C.)

## California Focus Program June 22-26, 2007

**Youth Fee \$490.00 Adult Fee: \$575.00**

California Focus is a unique 4-H Citizenship educational experience that combines hands-on participation in workshops, debates, and simulations with outstanding speakers and visits to historical, cultural, and governmental sites. California's capital city, Sacramento becomes a "living classroom" for this five-day, action packed adventure. Financial assistance is available. Financial assistance applications must be completed and received by October 25<sup>th</sup> to the County 4-H Office. For more information please contact the County 4-H Office or go online to [www.ca4h.org](http://www.ca4h.org).



## California State 4-H Updates/Info



**For Youth:** The **4-H Beekeeping Essay Contest**, sponsored by the Foundation for the Preservation of Honey Bees, Inc., has announced the rules and essay topic, *Pollinator Conservation*, for this year's essay contest. There will be three cash prizes for the national winners: 1st - \$250; 2nd - \$100; and 3rd - \$50. Each state and national winner will receive an appropriate book about honey bees, beekeeping, or honey. Completed California essays must be received on or before **February 16, 2007** by Dr. Eric Mussen, Entomology Department, University of California, One Shields Avenue, Davis, CA 95616. The winning state essay will be forwarded to the national competition. Results will be announced on May 1, 2007.

Save the Date! The **California 4-H Camping Conference** will be held at Pinecrest Camping Conference Center (near Lake Arrowhead in the San Bernardino Mountains) on **November 3-5, 2006**. Youth, volunteers, and staff involved in resident, day, and weekend camps are encouraged to attend for rich information on camping ideas, activities, and curriculum. A special in-depth training will explore the new Camp Risk Management Workbook. For the brochure with additional information, go to:

<http://www.ca4h.org/4hresource/updates/attach/2006CaCampConference.pdf>. Deadline for application is **October 20, 2006**.

**For Clubs/Groups:** The **Dean Memorial Legacy Fund** provides 4-H clubs and groups an opportunity to ask for funds up to \$2,500 to expand the reach of 4-H, increase public awareness, or develop new and innovative projects. More information is available at <http://ca4h.org/4hresource/ir/>. Applications are due October 31, 2006.

The **California 4-H Foundation** now has an **eScrip** group number, allowing 4-H to receive funding through the eScrip program. Supporters can register their shopping cards (Macy's, Discover, etc.) and credit or debit cards (if desired) to the group ID number below for the California 4-H Youth Development Program to receive a small percentage of the purchases made. It's easy and cost-free! Visit [www.escrip.com](http://www.escrip.com) to get started. The California 4-H group number is 500003938. Pass this information on to your groups!

**For Clubs/Groups:** Youth Service America and the State Farm Companies Foundation are offering the **State Farm Good Neighbor Service-Learning Grant** for youth across the United States. These grants, of up to \$1,000 each, support youth (ages 5-25), or teachers/school-based service-learning coordinators in implementing service-learning projects for National and Global Youth Service Day (<http://www.ysa.org/nysd/>), April 20-22, 2007. Projects can address any number of themes including the environment, disaster relief, health, teen issues, education, interfaith dialogue, intergenerational relationships, homelessness, and literacy, among others. The deadline for application is October 16, 2006. The application and grant guidelines are available at:

<http://fconline.foundationcenter.org/pnd/10004016/YSA>

## California 4-H Youth Development Program Policy Changes!

### Section 815: Youth Protection Guidelines

**Policy (Section 815.2):** There is a minimum of Two (2) adults with youth members at all programs, events and activities.

The two adults can be a combination of the following:

Two appointed volunteers

Or

One appointed volunteer and another adult who is at least 21 years old

Additionally, the adult in charge must be an appointed 4-H volunteer as established by the County Director.

What about private conversations?

Procedures:

--When speaking privately with a youth, do it within view of another adult.

--Speak to a youth in the corner of a room, with other members and adults present.

--Keep doors open when speaking with a youth, so that others may see you.

## 50 THINGS ADULTS CAN DO WITH YOUTH!

Adapted from Search Institute's "50 Things Adults Can Do for Youth" by The Innovation Center for Community and Youth Development.  
[www.theinnovationcenter.org](http://www.theinnovationcenter.org)

1. Have a real conversation with a young person. Ask a young person what they want to do and how you can help make that happen.
2. Support community organizations that involve young people in meaningful roles.
3. Start a branch resource library of videos and printed materials on youth involvement in your community.
4. Financially and personally support community organizations that train young people and adults to work together.
5. Develop a mutual mentorship program between adults and young people.
6. Co-create or support along with young people a community center or place for young people and adults to gather and do constructive things together.
7. Listen to young people express their concerns and perspectives about community issues and help them take action.
8. Be an advocate for youth by making sure they're at the table when you are discussing them.
9. Help with positive activities for youth such as sports teams, hobby clubs, music, drama, scouts, etc.
10. Make the concerns of young people visible in your community by helping young people get in the door.
11. Write a letter to the editor about youth issues with a young person.
12. Respect young people as you would a peer.
13. Work with young people to plan a community service project.
14. Take an active role in schools by listening to students who have first-hand knowledge and finding out how to best help them.
15. Invite young people over to dinner.
16. Involve interested young people as consultants, interns, apprentices, and staff.
17. Be consistent and clear about your expectations of youth and adults in your home.
18. Team up with youth and youth-led groups to have a town meeting on a vision for youth in your community.
19. Identify and network with youth in your community who are concerned about young people and/or other community issues.
20. Connect with other adult allies.
21. Provide transportation to young people who would not otherwise be able to participate in community activities.
22. Team up with young people to support candidates for local, state, and national office who make listening to and working with young people a priority!
23. Help arrange for a radio station to sponsor a call-in show led by youth that allows them to talk about their concerns.
24. Help arrange for concerned youth to have an audience with the mayor and the city council to highlight their concerns and recommendations.
25. Talk with others about the importance of having a community vision for community youth development.
26. Serve on an advisory council for a youth-led effort.
27. Only go to meetings where youth are invited or you can bring young people.
28. Be a friend to a young person.
29. Advocate for youth-led experiences in the schools so students can learn through hands-on experience.
30. Make your home a comfortable, safe, and affirming place where young people can "hang out."
31. Help young people create a newsletter for your community on youth and other community issues.
32. Help young people create a listing of all opportunities for youth involvement in your community. Post it in your local library and schools. Have realtors give it to new families in town.
33. Advocate, along with students, for strong, comprehensive sexuality and drug education curricula in your schools.
34. Take advantage of young people who are learned in the Internet. Learn together by surfing the Web.
35. Sponsor a support group for youth who face particular difficulties such as parents' divorce, violence, etc.
36. Raise funds for a youth-led organization.
37. Actively support youth-led organizations in your community.
38. Join (or form) with young people a community task force to address youth issues and coordinate responses.
39. Provide opportunities for young people to have meaningful roles at home, at school, at work, and in the community.
40. Cancel a meeting or engagement so you can spend time with a young person in your family or neighborhood.
41. Confide in a young person. Ask their advice on issues that you are struggling with.
42. Be an advocate for youth/adult partnerships in your workplace.
43. Start a parent support group to share ideas, concerns, and ways to listen better to children.
44. Value young people's work and pay them for their work. Don't assume that just because someone is young they are a volunteer. Hire youth.
45. Include youth on committees in your schools, faith-based environments, and community.
46. Attend events in the area where young people are actively engaged.
47. Write a short note of support to adult allies.
48. Treat youth as individuals; don't make one youth represent all young people.
49. Avoid interrupting young people.
50. DO involve youth from the beginning with program events all the way to the end with evaluation of events.

# 2007 California State 4-H Field Day Recruiting for Planning Committee



The State 4-H Office is recruiting for 4-H members (age 9 and above), 4-H volunteers and 4-H YDP Staff to help plan the 2007 State 4-H Field Day! There are many opportunities to help in the planning of State 4-H Field Day held on May 26, 2007 at UC Davis.

## Areas of Need

For the **overall Field Day**, the following areas are in need of additional support staff:

- Logistics – Help plan and organize signage, facilities setup, audio-visual needs, safety considerations, and overall support (2 – 10 people).
- Assemblies – Plan the morning welcome and afternoon awards assemblies (2 – 5 people).
- Program Booklet – Prepare a program prior to the event, duplicate and distribute at the event (2 – 5 people).
- 2008 Logo Design Contest – Organize and run the contest to determine the logo for 2008 (2 – 4 people).
- Service Activity – For 4-H groups or individuals; plan a service-activity for the event (there may be multiple activities).

For the **State 4-H Presentation Day**, the following areas are in need of additional support staff:

- Youth Coordinator – Work with the adult coordinator in ensuring all areas of the presentation day are planned, help organize and troubleshoot during the event (1 person).
- Judge's Recruitment and Orientation
- Room Host Recruitment and Orientation
- Morning Check-in (Registration Desk) – Organize morning check-in.
- Tally Room – Work in the tally room during the event helping to determine scores and assemble certificate packets.

For the **State 4-H Fashion Revue**, the following areas are in need of youth & adult volunteers:

- Youth and Adult Coordinators
- Fashion Show: theme, decorations, line-up
- Commentary (2): practice with models, reading during fashion show. Skill level required
- Program: Design, editing, printing, assembly
- Recruitment of Judges
- Donations and Awards
- Tally Room – Adults not related to any State Fashion Revue exhibitors
- Educational Workshops and Activities
- Refreshments
- Logistics: rooms and equipment

## General Responsibilities and Benefits for All Committee Members

- Attend planning meetings and phone conferences
- Complete committee and individual responsibilities
- Help determine overall event schedule, timeline and guidelines
- Available to assist with setup tasks on May 25, 2007 at UC Davis
- Available on May 26, 2007, including the post-event evaluation meeting, at UC Davis.
- Field Day and Presentation Day planning committee members may not participate in any of the contests or events. Potential State Fashion Revue participants are encouraged to be involved in the committee, but their duties may be modified.
- Experience in organizing a large statewide event.

## Apply

For more information, or to volunteer to help, please contact one of the following individuals for the specific area you wish to help with. Please include your name, county, contact information (address, phone and email) along with a brief explanation of why you are interested, what you'd like to help with, and any experience you have. The State 4-H Office along with Area Coordinators will fill positions based on interest and qualifications.

- Overall Field Day – Steven Worker at [smworker@ucdavis.edu](mailto:smworker@ucdavis.edu) or 530-754-8519
- State 4-H Presentation Day – Jacki Zediker at [jkzediker@ucdavis.edu](mailto:jkzediker@ucdavis.edu) or 530-842-2711
- State 4-H Fashion Revue – Sue Moore at [samoore@ucdavis.edu](mailto:samoore@ucdavis.edu) or 209-533-6990

The University of California, in compliance with the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, and the Rehabilitation Act of 1973, does not discriminate on the basis of race, creed, religion, color, natural origin, sex or mental or physical handicap in any of its programs or activities, or with respect to any of its employment policies, practices or procedures. The University of California does not discriminate on the basis of age, ancestry, sexual orientation, marital status, citizenship, medical condition (as defined in section 12926 of the California Government Code), nor because individuals are disabled or Vietnam war veterans. Inquiries regarding this policy may be directed to the Director, Office of Affirmative Action, Division of Agriculture and Natural Resources, 300 Lakeside Drive, Oakland, California 94612-3550, (510) 987-0097

Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, University of California

Jacki Zediker  
4-H Youth Development  
Program Representative



# 4-H WAY

This is your copy of the Siskiyou County 4-H Way. It is published to promote 4-H activities and participation. Your comments are invited.

*Cooperative Extension  
University of California  
1655 So. Main Street  
Yreka, CA 96097*

Non-Profit  
Standard Mail  
Permit #3  
Yreka, CA 96097

**DATED MATERIAL**